

Holy Trinity Greek Orthodox Cathedral
3131 NE Glisan St., Portland, OR 97232

DIRECTORY

All names without prefix are (503)
Holy Trinity office (phone).....234-0468
 Gail Morris, Secretary
 Bob Shaffer, Maintenance
Holy Trinity fax.....236-8379
Fr. John Angelis...234-0468 or..... 706-8354
Fr. Demosthenis Paraskevaidis...234-0468 or706-1974
Fr. Deacon David Cole.....287-0475
Parish Affairs Director, Gus Pappelis234-0468
Parish Council President, Stephen Phoutrides232-6917

ALPHABETICAL LISTING

A.G.R.O., Saki Tzantarmas.....777-1415
AHEC, American Hellenic Educational Center
 John Melonas282-0277
AHEPA, Michael Kounavis.....693-6974
AHRC, American Hellenic Retired Citizens
 Sophia Stamatis939-4180
Altar Boys, Gary Palumbis869-5819
 John Anasis.....531-0402
Camp Angelos695-5267
Choir Director, Gus Pappelis234-0468
Choir President, Dennis Constantine517-6188
Daughters of Penelope, Vana Amanatidis521-0827
Dynamis, Gail Morris 234-0468
Endowment Fund, Mike Diamond222-1988
Ethos Bookstore, Christina Koutures234-0468 ext. 25
Junior GOYA (ages 11-14)
 Dawn Damiani667-8844
Senior GOYA (ages 15-18)
 Tom and Lori Avgerakis635-1087
Greek Dance, Helen Tzakis..... 629-9684
Greek Festival, George Apostolou360-546-1224
Greeters Ministry, Ann Mallos255-0609
 Catherine Lingas292-0451
HACCM (Hellenic-American Cultural Center & Museum)
 Stefanos Vertopoulos360-883-6438
 Katherine Karafotias617-4838
HOPE & JOY (ages 5-11), Nikki George.....360-834-2468
Justice & Human Rights, Alex Christy636-8326
Maids of Athena
Philo House Thrift Shop..... 232-3992
Philoptochos, Paula Diamond697-1066
Philoptochos Cookbook, Helen Stratikos666-8815
Seniors Ministry, Dean Lampus292-7612
St. Nektarios Ministry, Kim Miller329-0873
St. Photios Fellowship, Dn. David Cole287-0475
Stewardship Chairman, Don Ossey282-6219
Sunday School, Lori Avgerakis635-1087
 Ann Davis.292-0191
 Joanna Mason526-2043
Vacation Church School, Dina Khoury224-5524
Young Adult League, Jacob Gorny449-7720

DYNAMIS

Dynamis is the monthly newsletter of the Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. Articles for the next month's issue of *Dynamis* are due in the church office on the 11th of the current month. Deadlines will be strictly adhered to.

Dynamis Editorial Guidelines

How to contribute: Email to: Gail@goholytrinity.org or on a CD with a hard copy to the church office. If you do not use a computer, please fax submissions to 503-236-8379 or bring a typed copy to the church office.

Content and length: Church-related organizations maximum 500 words; non-church related and articles by private persons maximum 300 words. We reserve the right to edit or decline a submission. All inserts must be approved by the church office and the postal service.

Announcements policy: Unpaid announcements for church-related events are limited to a half page. Non-church-related community event announcements are limited to a quarter page.

The back cover is reserved for paid advertisements, at these rates:

Full advertising section – half of back page\$400
Half advertising section – ¼ of back cover\$225
Quarter advertising section – 1/8 of last page\$125

Results of the Parish Council election:

The new members of the Parish Council as voted in on Sunday, December 6, 2009 are:

Vana Amanatidis
Mike Rouches
John Spathas
Demetri Touhouliotis

Congratulations to the new Parish Council members!

Office Hours for the Priests:

Now that we have two priests in the office, we thought it would be a good time to inform everyone of their office hours. There will be a priest "on duty" every day, Monday through Friday between the hours of 10:00 AM to 4:00 PM. Fr. John will take Thursdays off and Fr. Dimos will take Mondays off.

Our People

BIRTH

ANNOUNCEMENT: John and Lindsay Zogas wish to announce the birth of their son, **Oliver Robert Zogas**, born December 7, 2009. Proud grandparents are Costas and Irene Zogas and Rob and Judy Stenstrom.

BAPTISM:

December 20, 2009: **Lauren Roska**, daughter of Mark Roska and Valerie Karambelas Roska. The Godparent is Stephanie Brooks.

WEDDINGS:

December 5, 2009: **Matthew Maletis and Sara Lynn Stephens**. Matt is the son of Tom and Susan Maletis and Sara is the daughter of Michael and Carol Stephens. The Koumbara was Laura Maletis Veentjer.

December 12, 2009: **Karl A. Konstantin and Michelle L. Watkins**. Karl is the son of Nikolas A. Konstantinidis and Georgia N. Koseslen and Michelle is the daughter of Dale and Lynn Watkins. The Koumbaro was Elias Konstantine.

FUNERALS:

George T. Dussin

January 1, 1928 -- October 26, 2009
George T. Dussin, a longtime member of Holy Trinity before taking residence in California, passed away peacefully in San Diego on Oct. 26, 2009 at age 81. Born in Portland to Nicoletta and Theodore Dussin, George attended the University of Oregon and served in the U.S. Army. George will be especially remembered as a restaurateur who continued the Dussin legacy of his restaurateur father and uncles by operating the original Virginia Cafe and the New Virginia Cafe. Among his restaurant properties was the Bali Hai, which he opened in 1959, with his friend Jimmy George. Appointed with a lounge and a 200-seat dining room in Polynesian décor, the theater-

restaurant featured a five-piece orchestra playing nightly. George and his partner brought famous entertainers to Portland. In 1965 they organized the Western Marine and Supply Company. Later, along with his cousin, Guss Dussin, he founded the Old Spaghetti Factory, which grew to a large network of locations throughout the country and abroad. George acquired and developed many other commercial properties through his Dussin Investment Company. Survivors include his wife of 37 years, Susan; his sister, Virginia Calley of Portland; and a loving extended family. George was preceded in death by his parents. Services were held Monday, Nov. 2, 2009 in San Diego. Memorial donations are suggested to the MS Society or the San Diego Humane Society.

November 17, 2009: **Cleo Nicki Maletis**. Cleo passed away on November 9, 2009 at the age of 84. She was born on March 11, 1925 in Saskatoon, Saskatchewan, Canada, where her parents, Tom and Pagoula Michas had settled after emigrating from Greece. She met Chris Maletis, Jr. at a Greek community dance in Seattle. They married in Vancouver, B.C. and settled in Portland. The couple had four sons and until 1964, she proudly called herself a full-time homemaker. Cleo had so many accomplishments it's difficult to list them all but they included being named Mrs. America, where she proudly represented the American Homemaker on tours through the states and Europe. In 1964, she joined the family's beer and wine business, assisting with clerical work in their warehouse. At Holy Trinity, she was instrumental in energizing the Philoptochos Society, by establishing "circles", grouping members by age, interests and Greek or English language preference. Besides her grandchildren and a first great-grandchild, she is survived by her sons and daughters-in-law, Chris III and Kristi, Tom and Susan, Edward and

Cyndy, and Rob and Linda. She was preceded in death by her husband, Chris, in 2008; and brothers, Alec and Luke Michas. Suggested memorial donations to Hellenic-American Cultural Center & Museum (HACCM), 3131 NE Glisan Street, Portland, OR 97232.

November 27, 2009: A Trisagion Service was held at Rose City Cemetery for **John Harry Thodos**, who passed away on November 16, 2009 in Monterey, California at the age of 75. Born in Chicago, Illinois on August 28, 1934 to Greek immigrants, John moved with his family to Portland before he was 2. He left a lasting impression in Portland and then in Carmel, California, the town he called home for the past quarter-century. A memorial service, presided over by a Greek Orthodox priest, was held on November 20 at All Saints Church in Carmel and a celebration of his life followed at the Carmel Woman's Club. He is survived by his wife, Judy Thodos, who suggests that memorial contributions be made to the Carmel Public Library Foundation, PO Box 2042, Carmel, CA 93921.

November 23, 2009: A funeral was held on Saturday, November 21, 2009 in the Greek Orthodox Church of St. Luke, in Longmeadow, Massachusetts for **Ellie Irene (Thamalis) Sharp**, (also a former Holy Trinity parishioner) who passed away on November 17, 2009 at the age of 83. She was last known to be living in Wethersfield, CT. She was preceded in death by her husband, Rollin. Ellie was a member of St. George Greek Orthodox Cathedral where she served as the Choir Director. She was a former President of the Philoptochos Society and President of the Daughters of Penelope here at Holy Trinity. She loved to cook and she cooked for the St. George Greek Festival for several years. She is survived by her daughter, Vanessa D. Porter and her husband, Ross of Somers, her grandchildren, Diana

Elizabeth Porter, John Charles Porter, two sisters, Nathalie Trent of Kingsport, TN and Titika Blackwell of Rockville, MD., many nieces, nephews and numerous friends. Contributions in her memory may be made to St. George Greek Orthodox Cathedral, 433 Fairfield Ave., Hartford, CT 06114.

HOLY TRINITY SUMMER CAMP:

Don't forget to mark your 2010 calendars for camp, August 9-13, 2010. For more information contact Anthony Aivaliotis at 503-826-1962 or amaent1@gmail.com or Christina Marneris at 360-718-2752 or crmarners@aol.com.



Members of Holy Trinity's Folk Dance groups gather with His Eminence Metropolitan Gerasimos and the school supply items they helped collect for the children of Marysville School who lost their school to fire damage. Thanks to efforts like these, Marysville School was able to reopen in its new location at Rose City School with enough supplies for its many students. Good work, everyone.

Bible Class

Tuesday, January 12, 2010 from 10:00-11:30 AM in the Conference Room with Fr. John Angelis. We will be studying the 1st Letter of St. Paul to the Corinthians. Please bring your Bible and join us.

DAUGHTERS OF PENELOPE TROY CHAPTER #32

ANNUAL SCHOLARSHIP LUNCHEON

Pastitsio
(meat or vegetarian)
Salad – Bread
Kourbedie

Take out available

**SUNDAY, FEBRUARY
14, 2010**

HOLY TRINITY
CATHEDRAL HALL
FOLLOWING SERVICES
**HOLY TRINITY DANCE
GROUP PERFORMANCE
BY "HARA"**

Adults \$10.00
Children under 12: \$5.00

RAFFLE of several great items!
Donation \$3.00 each ticket or 2
for \$5.00. Drawing at the
luncheon

FREE RAFFLE of stuffed
animals for children 8 years and
under.

JUSTICE COUNCIL:

Alex Christy, President of the Justice Council received the following letter from Congressman Kurt Schrader:

Dear Mr. Christy: I am writing regarding the I-129 visa petition for Father Dimosthenis Paraskevaidis, which was submitted by Holy Trinity Greek Orthodox Cathedral. I am pleased to learn that the visa petition has been approved and understand Father Paraskevaidis is

scheduled to arrive in the United States shortly.

I hope you have found the assistance of my office to be useful. Should you have any further questions or concerns regarding this matter, please do not hesitate to contact me again.

It is a privilege to serve you in the United States Congress.

Sincerely,

KURT SCHRADER
Member of Congress

We thank Mr. Schrader for his assistance in bringing Father Dimos to the US.

PHILOPTOCHOS PHILANTHROPY:

The philanthropy committee considers and responds to requests for financial assistance from local, national and international organizations and individuals. Requests for Consideration forms are now available outside the church office. Parishioners are invited to submit a form by January 31, 2010.

Philoptochos
We make a Difference

Many thanks to all who participated in the Philoptochos Christmas Tree Auction. We deeply appreciate your support. The successful event raised vital funds to help Philoptochos accomplish our goals and objectives. Simplified, our mission is to help those in need and to help our church. Philoptochos is very "present" in all aspects of our Holy Trinity community life. In a couple of pages is a flyer that describes our current programs and activities. The Membership Drive for Philoptochos 2010 has begun and we invite everyone who supports the work of Philoptochos or who wants to get involved in the hands-on activities to fill out the envelope and become part of this vibrant

group. Won't you join us? Men are encouraged to join as Associate Members.

Jan. 10. Vasilopita Silent Auction and Loukoumathes Sale. NEW this year - no oral auction; everyone can bid during the 30 minute silent auction. In a hurry? Some vasilopitas will have "buy now" prices so you can grab and go! Proceeds benefit St. Basil's Academy. Also, **EVERYONE'S FAVORITE** - hot and super sweet loukoumathes will be available for purchase.

January 31. Three Hierarchs Education Brunch. Philoptochos will prepare a sumptuous brunch for only \$10 (\$6.00 for children under12). Proceeds earmarked for our Holy Trinity student scholarships and Sunday school.

Tues. Jan. 5. PHILO BOARD MEETING -Small Hall 7:00 p.m.

With faith & love in Christ,

Paula D. Diamond
Philoptochos President



Sunday, December 6: At the Ahepa Christmas Party at the Red Lion: Fr. John, Fr. Dimos, Pres. Magdalini, Dn. David, Pres. Anna and Deaconess Barbara Cole

**HELLENIC - AMERICAN
CULTURAL CENTER
& MUSEUM**
of Oregon and SW Washington

**Hellenic American
Cultural Center and
Museum**

We are looking for items to be included in our upcoming exhibit, "Savor the flavors of Greece", to be on display Jan-Feb. 2010. We would like to borrow your old or antique items in the following categories;

- Home cooking- items of interest used in Greek kitchens of yesteryear.
- Winemaking- equipment used by the home winemaker; wine press, siphons, spigot, or any other equipment that would be of interest.
- Olive press or other equipment used for making olive oil.
- Yogurt crocks\
- Gliko dishes and spoons, glass containers of glyko
- Unusual items pertaining to Greek spices
- Mortar and pestles from Greece
- Filo making equipment or other common utensils.
- Handwritten or early Greek Cookbooks
- Fun handmade aprons and kitchen towels (textiles will not be featured, just to be used in the display)
- Items used in the weighing and storage of food

Also, if you are a member of Holy Trinity and have ever authored or co-authored a cookbook, we would like to place it on display during this event and feature our own cooks. It is not necessary that the published cookbooks contain only recipes of Greek foods. This section of the exhibit will feature the writer and the cookbook.

If you're interested in loaning any items, please contact exhibit chairs Joan Liapes at 503 232-3487 , email: georgia.m.l@att.net, or, Christine Rulli at 503 635-4743 or email: rulli9@aol.com. All items will need to be collected by January 15. Thanks!!!!

HACCM has brought back the "Textiles of Greece" Workshop! Come join us for a once-a-month gathering and learn some new skills or bring your own project and share in the fun and enjoyment of doing handiwork together. All ages welcome! Workshop will be held every 3rd Thursday of the month. 7-9 pm in the museum. Contact Sophia Stamatis 503-939-4180 or email sophiags@comcast.net with any questions.

**"Savor the flavors of
Greece "Exhibit
Reception
February 6, 2010
1:00 - 3:00 p.m.**

**Holy Trinity Cathedral
St. Demetrios Hall**

A new Hellenic-American Cultural Center & Museum exhibit featuring Greek culinary items, cooking utensils, cookbooks, items unique to a Greek kitchen of yesteryear and ingredients i.e. spices, featured in many Greek recipes will be on display. The Philoptochos Flavor It Greek! Cookbook Committee invites you to a reception on Saturday, February 6, 2010 from 1:00 to 3:00 p.m. Complimentary mezethes and refreshments will be served. You will have an opportunity to view this most special exhibit. Come and "savor the flavors."

Agia Sophia Academy – Budget Information

by Mary Triantafyllou

This month’s article focuses on the Agia Sophia Academy’s current budget and future plans, as well as on how these plans support key goals of the school.

ASA currently has 36 students. Our staff is comprised of: 3 full time classroom teachers; 1 full-time native Greek language teacher paid by the Greek Ministry of Education; 2 part-time specialists who teach Music, PE, and Latin; a 1/2–time principal, 1 full-time secretary and 1 part-time Development Director. Student to teacher ratio is 12:1 for elementary and 10:1 for preschool. Over the coming years we plan to increase enrollment and have a targeted elementary student to teacher ratio of 15-20:1, while maintaining our 10:1 ratio for preschool.

In order to support the current program, our operating budget calls for total expenses of \$217,400. Like other private and parochial schools across the nation, Agia Sophia Academy’s budget needs are not met solely by tuition. While tuition will meet nearly 60% of the budget this year, we must fundraise for the other 40%. In addition to tuition income (\$123,450) our current year’s budget calls for a variety of fundraising activities totaling \$94,000 (which is down from \$125,000 last year). We are working hard to make up this 40%. While not supported financially by any of the local parishes, we are grateful for the donations given by the faithful members of these churches. We are supported by St. John the Baptist in

that they offer their facilities rent-free (ASA pays for utilities costs). Through various efforts, including the Greek Open Golf Tournament, parent-led fundraisers and private contributions to the general operating fund and the tuition assistance program, we have already raised over \$50,000 for this school year. Our grants committee has been writing and submitting proposals to various foundations and will continue to do so. Recently the school kicked off its Annual Fund Drive campaign with a goal of raising \$25,000. In the first week we received over \$5,000 in gifts from ASA families who highly value the education we offer.

For the 2010-11 school year, ASA will expand the elementary program to the 4th grade. Additionally, we see the need to hire a certified early childhood educator to teach a dedicated K/1 classroom. This requires additional fundraising of approximately \$20 - \$25K to offset a portion of this teacher’s salary for the first year, with tuition income from new students covering the balance of the remaining salary costs.

Agia Sophia Academy Overview of income & expenses Projected Statement of Operations

ASA invites members of our communities to participate and partner with us in various ways. We welcome gifts of time, talent and treasure. We are in need of new board members and committee members to help us further our mission and educational ministry.

In November, I was honored to meet with Metropolitan Gerasimos and to personally give him a tour of Agia Sophia Academy, during which he visited the classrooms and met with all of the students. He was very inspired by what he witnessed. I invite everyone from our community to visit our school and witness with your own eyes and ears the work that we do. Come to an upcoming Open House: Thurs. January 28 from 7-8 pm or Thurs. February 4 from 5-7 pm. If you prefer to make another arrangement, please call the school at 503-641-4600 or call me directly (503-484-5859).

(cont. next page)

Income			
DONATIONS			
General Donations	65,000	55,000	55,000
Tuition Assistance Donations	12,500	13,000	13,500
Grants and Directed Donations		25,000	30,000
DONATIONS	77,500	93,000	98,500
NET TUITIONS	123,450	182,000	244,000
FUND RAISING EVENTS - Net	17,000	24,300	26,500
OTHER INCOME	800	1,000	1,000
Total Income	218,750	300,300	370,000
Expense			
TEACHER COSTS	151,300	219,800	260,400
CLASS ROOM EXPENSES	7,450	9,700	11,300
ADMINISTRATION	35,600	37,500	40,200
FACILITIES	13,500	14,900	16,400
DEVELOPMENT & FUNDRAISING	9,200	12,300	12,800
OTHER EXPENSES	350	500	600
Total Expense	217,400	294,700	341,700
Net Surplus (Deficit)	1,350	5,600	28,300
Total Students	36	46	54

	Budget 09 - 10	Plan 10 - 11	Plan 11 - 12
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(cont. from previous page)

Our Mission at Agia Sophia Academy is to educate the whole child by providing a rich academic curriculum, grounded in Orthodox Christian values, while fostering love of learning, personal responsibility, and respect for each person.

Agia Sophia Academy provides a unique and rich education that partners our faith and culture amidst an academic environment. ASA offers a certified Montessori preschool for ages 3-5 and a multi-age elementary school program for grades K-4.

Ethos Bookstore



Open Monday thru
Friday
10:00 AM - 2:30 PM
and for one hour
after Liturgy on
Sundays

Come In and browse!

- Icons &* Books
- Candles
- CDs & Tapes
- Incense
- Jewelry
- Items for Baptisms & Weddings

• Christmas Cards & Gifts

THE CONCERT: A BYZANTINE CHRISTMAS

will be presented by Cappella Romana at 8:00 PM on Friday, January 8, 2010 at St. Mary's Cathedral in NW Portland. Featuring Dr. Achilleas Chaldeakis, making his Cappella Romana directing and solo debut in this program of Byzantine chants for the Christmas season. Dr. Chaldeakis studied Theology and Musicology in Athens and is director of the Maestros of the Psaltic Art, an internationally acclaimed Byzantine choir. Tickets and info: www.cappellaromana.org or 503-236-8202. A free pre-concert talk will take place at 7:00 PM prior to the concert.

Lamb n' Salmon Dinner

The AHEC Board would like to say a big Thank You to everyone who came out to Camp Angelos for the Lamb n' Salmon Dinner on Sunday, Dec. 13th. In spite of the weather (it looked like there would be ice or freezing rain) it was our best ever! It was just great to have the priests there with their families and Dn. David and Dkn. Barbara. We really appreciate the support from the community. We hope to see everyone again next year!

BENEFIT CONCERT FOR IOCC

**Friday, January 29,
2010 @ 7:00 PM**

Dessert reception
following concert
Featuring the choirs of
Portland-area Orthodox
Churches
Special appearance by
Cappella Romana

Tickets \$20/person \$40/family
All proceeds will be donated to
IOCC

Pre-purchase tickets at
www.iocc.org/portland
For more information:
iocc/Portland@gmail.com

Tickets also on sale after church
on Sundays in the hall.

HOLY TRINITY GREEK ORTHODOX CATHEDRAL
3131 N.E. Glisan Street
Portland, OR 97232

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Special Events for the past month

All photos by Peter Corvallis



November 15, 2009: Fr. Dimosthenis and his family are welcomed on their first Sunday by His Eminence Metropolitan Gerasimos, Deacon David and Fr. Paul



November 19, 2009: Leigh Ann Hieronymus, Fr. Paul, Helen Tzakis and George Papas pose with participants in the "graduation" celebration for the 2009 CUSINA program, a special dinner served in St. Katherine Hall



Paraskevas & Sevastiani, Fr. Dimosthenis' two older children, enjoy the welcome luncheon



December 13, 2009: Our clergy welcome the visiting



November 16, 2009: At the Trisagion for Cleo Maletis, her sons Tom, Ed, Rob & Chris III with Fr. Theodore Dorrance and His Eminence Metropolitan Gerasimos



December 6, 2009: Blessings for Christmas packages going to the ill and elderly



Archbishop of Ethiopia, His Grace Abune Ewostateos Gebre Kristos (The Archbishop of Ethiopian Orthodox Churches in Western States of US and California)

LIMNES/PORTLAND ASSOCIATION

H'PAPANDI GRAND GLENDI

The Limnes/Portland Association will host their Eighth Grand Glendi

**Saturday, January 30, 2010 in the St.
Katherine Hall**

Doors open 6:30 PM – Dinner at 7:00 PM followed by dancing

Adults \$20.00 ~ Children 12 & under \$8.00

Attendance is limited in number, so please call for reservations

Christina Meletis 503-640-9306 or visit the Limnes/Portland table
after Sunday services in the small hall during January 2010.