

Dynamis

January 2012

“... Since the kingdom of God is not just words, it is power.”

1 CORINTHIANS 4:20

HOLY TRINITY GREEK ORTHODOX CATHEDRAL + PORTLAND + OREGON

+ B A R T H O L O M E W

By the Mercy of God

Archbishop of Constantinople-New Rome and Ecumenical Patriarch
To the Plenitude of the Church

Grace, Peace and Mercy from our Savior Born in Bethlehem

“Christ is born again and the Angels sing once more:

“Glory to God in the highest, and on earth peace, good will among all.”

(Luke 2.14-15)

Beloved brothers and sisters, children in the Lord,

The angels chant these three majestic proclamations and yet the great majority of human beings, although celebrating the feast of Christmas, cannot perceive the significance of the angelic song, instead asking themselves whether God is truly glorified today or why God should even be glorified; where can one discern on earth the peace that is announced, and why should contemporary humanity live with good will?

It is because, in reality, most people do not glorify God – either in their deeds or through their words. Many of them doubt the very existence of God and God’s presence in their lives. There are also many people that attribute responsibility to God for the unfortunate occurrences in their lives. However, those who grumble against God err profoundly, since evil does not derive from Him. On the contrary, the loving incarnation of the divine Son and Word, together with the consequent events of His Crucifixion and Resurrection, reshape the human person to its former beauty, granting eternal life and the peace that surpasses all understanding, while rendering human beings co-heirs of the heavenly kingdom. This act of divine condescension, though embracing the ultimate humiliation, is in itself capable of glorifying humanity. Thus, even if many people fail to glorify God in their hearts, nevertheless glory is rendered – by all creation and all things that take place among humans – unto Him who dwells in the highest. We too, then, gratefully cry out with the Angels, “Glory to God in the highest,” for the immensity of His works and the incomprehensibility of His love for us.

Yet people also query the second angelic proclamation: “And on earth peace.” How can we speak of peace on earth when almost half of the planet finds itself either in the act of or in preparation for war? The sweet tone of the angelic proclamation regarding “peace on earth” is of course primarily a divine pledge that, if people adhere to the way indicated by the new-born Child, they will acquire internal peace and peaceful coexistence. But, alas, most people are moved and drawn by the cymbals of war,



ignoring the sound of the pledge for peace on earth. We are not referring here to those who passionately support the use of weapons, but especially to those who transform gentle competition to unequal conflict, seeking the annihilation of any opposition. In this respect, war is experienced as reality among members of rival social groups and parties of all kinds -whether racial, political, partisan, financial, ideological, religious, athletic or any other kind, where the intense mindset of members is converted into militant rather than peaceful. However, this does not refute the truth proclaimed by the Angels, that – through the Nativity of Christ and the acceptance of His teachings – peace will indeed prevail on earth. Christ came bearing peace; and if His peace does not prevail in the world, then responsibility lies with those who fail to accept and embrace this peace, not with the God who grants it.

Since this is the stance of contemporary humanity in light of the peace offered by God, it is hardly surprising that good will is rare among people. The good intention of God toward humanity is assured, just as the favorable consequences of divine love are in principle apparent for all human beings and particularly tangible for all those who accept the angelic proclamations in practice. By contrast, for those who reject these proclamations and are given to exploiting and abusing others, the consequences are experienced as a crisis of stress and anxiety, as a crisis of economy and meaning, and finally as existential uncertainty.

Beloved brothers and sisters, children in the Lord,

All the proclamations of the Angels during the birth of the Lord are realities that exist and are experienced today in fullness by those who believe in Jesus Christ as the Divine-Human Savior

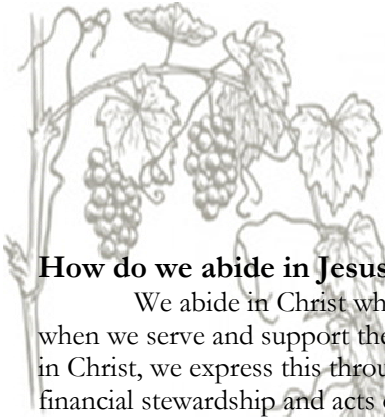
of the world. Let us begin from this year to live Christmas in a way that pleases God, the giver of all good things, so that we might experience in our hearts the transcendent peace and the loving good will of God toward us. Let us render ourselves as loving human beings in our relationship to God and other people, becoming sharing persons rather than selfish individuals. Let us remove the masks that estrange and divide us from God and His human image, our fellow human being. And let us fulfill our destiny in the likeness of God by practicing our faith in Him. Let us, too, proclaim the angelic song to humankind, which is suffering terribly and cannot discover Peace and Good Will through its conventional ways. The only way of overcoming war and all forms of crisis, such as the financial one that plagues our world, is our Lord Jesus Christ, who assured us that His is the Way, the Truth and the Life. Therefore, we glorify God in the highest and Jesus Christ who condescended to dwell among us. And we proclaim with the Angels that Peace is accessible and truly exists on earth and within our hearts because we have been reconciled to God through His good will to assume flesh by His birth in the manger.

So let us experience the joy of the Nativity of Jesus Christ and the foretaste of all the benefits announced by the threefold proclamation of the Angels. Amen.

At the Phanar, Christmas 2011
+ **Bartholomew of Constantinople**
Fervent supplicant for all before God

Abide in Me

Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.
(John 15:4)



How do we abide in Jesus?

We abide in Christ when we follow His example and love, and when we serve and support the Church which is His Body. When we abide in Christ, we express this through generosity and devotion, especially in our financial stewardship and acts of personal generosity.

We are called to bear fruit

Just as the vine bears fruit only through its branches, so Jesus has chosen to work in the world through us. We are the members of His body – the branches through which the Vine bears fruit. We bear fruit when we serve and support God and His Church.

Helping each other in His service

Our task as branches of the True Vine is to see Stewardship as a way of life, and to help others to better understand its true meaning. When we help others strengthen their connection to the True Vine, we help them to bridge the gap between liturgy and life, between the love of Christ on the cross and our daily lives, between our beautiful theology and the practical stewardship to which we are called. And so, as members of His Body, we preach, teach, chant, worship together, prepare meals, bake bread, beautify God's House, extend hospitality, share our professional expertise and talents, nurture our youth in their spiritual journey, stay connected to our homebound parishioners, and so on. Ultimately, we demonstrate our faith through action and commitment.

Your commitment is most meaningful

This month, Holy Trinity families will receive their 2012 Stewardship packet and a personalized Commitment Card. Before completing and returning your Commitment Card, please give it your prayerful consideration. Your annual commitment is a free-will offering; it is also a valuable tool to build mindfulness of our relationship with Christ and a means for disciplined giving. Each commits as he or she is able in order to advance the ministries of the Church.

Holy Trinity Greek Orthodox Cathedral 3131 NE Glisan St., Portland, OR 97232

Dynamis is the monthly newsletter of the Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. Articles for the next month's issue of *Dynamis* are due in the church office on the 11th of the current month. Deadlines will be strictly adhered to.

Dynamis Editorial Guidelines How to contribute: Email to: Gail@goholytrinity.org or on a CD with a hard copy to the church office. If you do not use a computer, please fax submissions to 503-236-8379 or bring a typed copy to the church office.

We reserve the right to edit or decline a submission. All inserts must be approved by the church office and the postal service.

Your Parish Council 2012

Congratulations to our new council!!

President ~ Mike Rouches

Vice President (Personnel) ~ Mike Karussos

Vice President (Maintenance) ~ Eleni Marschman

Treasurer ~ Jace Tompson

Recording Secretary ~ Jim Aspros

Corresponding Secretary ~ Sophia Stamatis

Christina Geist

John Lampros

Katherine Ossey

Irini Souris

John Spathas

Dimitri Touhouliotis

Holy Trinity Cathedral
Parish Council Meeting Minutes
November 7, 2011

Present:

Father Jordan, Mike Rouches, Jace Thompson, Irini Souris, Jim Aspros, Andy Fraser, Nick Triantafillou, Father Deacon David, John Spathas, Ted Papas, Sophia Stamatis, Demetri Touhouliotis, Christina Geist

Excused Absence:

John Sarigiannides, Father Dimo

Opening Prayer:

Father Jordan

Approval of Minutes:

10-10-11 meeting minutes approved by Parish Council.

Agenda

Guest: Stewardship Committee Report - Don Ossey and John Lampros
Don provided a recap of year to date stewardship statistics. This information will be shared at the General Assembly on November 11-13-2011.

Don met with the past presidents for a discussion around a stepped up support initiative in 2012. Don will be meeting with all groups to share the presentation and focus of giving. He said "we are proactive leaders". Mentoring is the process for increased stewardship and involvement. We need to educate and inspire our community to be great givers. People give to the vision of the church rather than give to the need of the church. A prime example of this is the hiring of the youth director position.

It's all about a large group of people giving a little more each week rather than a few giving a large amount. It's about giving your best gift.

Don shared a handout of a "stepped up" stewardship increase proposal. This information will be shared at the parish assembly.

Don spoke about the door to door meetings with individual past givers.

Also, in home small gatherings of 10-20 people will take place to share the message about stewardship. These will be "share the vision meetings", not a fundraiser meeting.

Each Sunday going forward a stewardship table will be set up in the hall after the church service. There will be information and pledge cards available.

Priests Report: Father Jordan

Father thanked everyone for the past October. He also mentioned a thank you letter from the Ethiopian Community and our support of their efforts.

The Denver choir was a big success and the visitors from Denver mentioned how hospitable we were as a community.

Father is very happy about the support of the youth director position. He is grateful and George Demas is appreciative of the opportunity. George will be giving a brief presentation at the general assembly.

A motion by Christina G was served. The motion is to explore a plan and analyze having the current term for parish council members be 24 months vs. the current term of 36 months. The motion is to analyze and then serve the proposal to the parish in May 2012 general assembly. Nick T called for the vote. Vote passed.

Presidents Report: Nick T
Nick T shared the agenda for the parish assembly.

Treasurer's Report: Jace T
Jace shared the 2012 income and expense budget proposal.

Building and Maintenance: Ted P
Ted shared the Maintenance report prepared by Ellie Bass dated 11-7-11. Ted mentioned that he will present this information at the 11-13-11 general assembly.

Personnel: Mike R
Discussion about benefit package for the youth director position was shared. Andy F and Christina G shared a proposal for the youth director job description.

Liaison Reports:
Festival Report – Jim A next meeting is January 2012

Philoptochos – Sophia S provided an update

Stewardship – Ted P no update

Choir – Father Jordan no updates

AHEPA – John S AHEPA gave \$300 from OXI Day for Youth Director.

ASA – Mike R no update

Endowment – Nick T no report

Youth and Family – Christina G shared Youth Director job description

Sunday school – Christina G attendance is up

Maintenance and Beautification – Ted P see above

HACCM – Sophia S no report

Activity and Calendar Coordination –

Sophia S Letter to be sent 11-15-11

AHEC – Andy F upcoming AHEC event in December

Greek School – Irini S no update

Philoxenia Table – Christina G. Two new people added to list

Other Business:

Nick reviewed the Ad Hoc committee proposed recommendation. Minor adjustments to the wording of the proposal were shared as noted below. A motion was served up by Andy F. To read as follows; The Parish Council of Holy Trinity Greek Orthodox Cathedral of Portland, Oregon authorizes the Ad Hoc Committee on Liability Concerns, including its appointees, to communicate with, and enter into dialogue with representative of the Metropolis and the Archdiocese relative to liability concerns of the parish, and to periodically report back to the parish council of its progress, and to make recommendations for consideration by the Parish Council. This Ad Hoc committee shall be allowed to continue its work at the sole discretion of the parish council. Motion second by Christina G. Motion passed.

Closing Prayer/Adjournment:

Closing Prayer offered by Father Jordan

<u>Action</u>	<u>Person Responsible</u>	<u>Due Date</u>
Dynamis Article	Christina G	11-15-11
Stewardship Volunteer	All Council Members	11-15-11
Visa Merchant Processing	Jim A	11-15-11
Festival Account Signing Auth	Nick T	Ongoing
Heating Oil vs. Natural Gas Study-John S		Ongoing
2012 budget follow up	Jace	Ongoing

Minutes compiled by Jim Aspros

MAINTENANCE REPORT FOR NOVEMBER 7, 2011

Replaced ballasts in Church Office by Timberline Electric Co.

Paint doors: Jimmy Koliass

Asked Jimmy if he would paint the following doors:

- 1) Entrance into St. Katherine's Hall from the parking completed
- 2) Kitchen doors in St. Dimitrios hall will be painted in the spring
- 3) Helped paint the mechanical room (above the gym).

River City Glass repaired Annex doors Oct. 21st.

Removal of items from the bottom of the stairwell leading into the old boiler room. JP's Junk Removal Co. removed the old boiler parts & candle making machine Oct. 21st.

Bob is getting an estimate on striping the small hall floors the week of Nov. 7th.

Bob has removed the gum that is stuck in the Narthex carpeting (happened during the Festival).

Corner of NE 32nd & Glisan:

Still waiting for update to see if the city of Portland will make necessary repairs.

Replacement of the TXV Valve and fan cycling control, along with 2 new suction driers above the confessional area on the side of the altar will be done within the next week. This will give us better control of both heat & cooling in the church.

Work should be completed this week.

Elevator:

To date, we have not experienced any more problems with the elevator that occurred during the Festival.

Toilet seat in Men's restroom located off the Narthex: Bob will be purchasing new seat this afternoon.

Light bulbs have been replaced in the counting room in the church.

Eastern Orthodox

Liturgical Vesture

**Save the Date: January 14,
2012 at 7 pm**

**Location: St. Dimitrios
Hall**

For many churchgoers, a priest's vestments are a distinctive feature of Orthodox Church services. But we may not be aware of their full significance. To learn more about them, HACCM is sponsoring a lecture on the history and symbolism of vestments and various altar cloths used in the Orthodox Church.

If you have ever wondered how the traditions of liturgical vestments started and how they evolved, this presentation by Presvytera Krista West of St. George Antiochian Orthodox Church will be of great interest.

Presvytera Krista has done extensive research on the history and symbolism of Orthodox vestments and altar cloths. She will share her expertise on January 14th. Please bring your families and learn more about our liturgical traditions.

Philoptochos'

Philanthropy Committee

is once again looking for potential funding recipients. Do you know of a local, national or international organization that is in need of financial assistance? What causes are you passionate about? Let us know! As parishioners of Holy Trinity you are encouraged to recommend possible fund recipients. Applications are available in the pamphlet rack just outside the parish office. The deadline for 'Request for Consideration' forms is January 31, 2012. **Thank you, Holy Trinity families, for your continued support of our *Flavor it Greek* cookbook. Your help makes this philanthropic effort possible!**

Contact Sue Fischer, 503-841-7829, lsuefischer@comcast.net for additional information.

The Membership Drive for Philoptochos 2012 has begun and we invite everyone to get involved in the hands-on activities to fill out the envelope enclosed and become part of this vibrant group.

Philoptochos

We make a Difference

WHAT IS PHILOPTOCHOS?

- the "right arm" of the church
 - the "heart" of the church
- the organization whose mission is to promote charitable, benevolent and philanthropic endeavors
- a dynamic group of creative, inspired ladies and men associate members dedicated to helping those in need and perpetuating the Orthodox faith and traditions

FAST PHILOPTOCHOS FACTS

The Greek Orthodox Ladies Philoptochos Society was established in 1931 by the late Patriarch Athenagoras I. Philoptochos is a 501(c)(3) non-profit, tax-exempt organization which has earned the distinction of being the second largest philanthropic organization in the United States. The literal translation of Philoptochos means "friend of the poor".

On August 15, 1945 Portland's Holy Trinity Philoptochos became chartered and began in earnest to provide financial aid to those in need and provide support and hands-on help in all aspects of the parish life.

Holy Trinity Philoptochos has held fast to its tradition of philanthropy and continues to rise to the service challenges of the Orthodox Church and contemporary society.

CURRENT LIST OF HOLY TRINITY PHILOPTOCHOS PROJECTS

- Kids 'N' Cancer Camp Agape – annual camp for kids with cancer & families
- financial assistance to the indigent; community assistance to parishioners
- grants, through the Philoptochos Philanthropy Committee, to local and national organizations which primarily help women and children
- 1999 publication and continued sale of **Flavor It Greek!** cookbook to provide the resources for Philanthropy Committee distributions
- 1979 establishment of Philo House Thrift Shop and continued operation
- help with hospitality and funeral needs of parish
- visitations to the homebound
- seniors programs & financial assistance
- assistance to Sunday School and scholarships to students continuing their higher education
- significant help with annual Greek Festival
- Adopt A Seminarian Program



The Father Elias Stephanopoulos Memorial Fund

Mission Statement:

The Fr. Elias Stephanopoulos Memorial fund was established in 1994 as a living memorial and legacy to Father Elias' 19 years of spiritual ministry at Holy Trinity Greek Orthodox Church in Portland, Oregon. The fund sponsors - lectures, scholarships, and many other projects and programs to perpetuate his ideals, to witness our Orthodox Faith and to preserve our cultural heritage and traditions.

In July of 1994 under the umbrella of Holy Trinity Greek Orthodox Church the fund was created from contributions received in memory of Fr. Elias. As awareness of the fund increased, we were given the opportunity to perpetuate those things Fr. Elias loved, believed in and supported. An original committee of six members was established and six additional members, who also shared in his ministry, were added every three years. In order to disburse monies, the committee created a grant process. Grants are available to organizations and individuals and upon review by the committee interest monies are disbursed.

The donations that have been awarded by the Fr. Elias Memorial Fund Committee from 1994 to date are as follows::

Prophet Elias Icon, Altar and Chalice cloths for Holy Trinity
Providence Hospice Medical Fund
Gospel for St. George's Church, Eugene, Oregon
Prophet Elias icon painted by the Sisters of St. John's Monastery for their chapel
Kids 'N' Cancer - Camp Agape (hired professional art teacher and sponsored pony rides for the children)
Holy Trinity Diocesan Choir Conference
Orthodox Ministries at University of Oregon
Music Institute Workshop for Holy Trinity Choir
Proskomedes Table for St. John the Baptist Church - Beaverton, OR
St. Nicholas Orthodox Church Building Fund - Portland, OR
Eritrean Orthodox Church Building Fund - Portland, OR
Cappella Romana - trip to Patmos, Greece
Agia Sophia Academy (4X)
Lovejoy Columns, Artist – Tom Stefopoulos - Pearl District, 330 NW 10th Ave.
Oregon Foundation of Greek Studies – Portland State University
Greek Radio Program - Portland, OR
Philoptochos "Flavor It Greek" Cookbook
Classical Greek Theater
Hellenic-American Cultural Center & Museum
Hoga Rafael Orphanage – Mexico
Annunciation Mission in Guatemala
St. Basil's Academy
Theological Books for Holy Cross Seminarian
Project Mexico
Chanter's Workshop - St. Nicholas Ranch
Donation for Firefighters (2001 Ground Zero)
C.O.M.E. -Commission on Orthodox Missions and Evangelism
Holy Trinity Youth Summer Program at Camp Angelos

I thank everyone who has supported the Father Elias Stephanopoulos Fund these past seventeen years. Your attendance at banquets, lectures, concerts and three special

musical events: “Oli Mazi” in 2007 featuring The Very Reverend Father John Bakas and Lambros Houvardos; “A Night to Remember” in 2009 starring singer Anatolia Ioannides and most recently “Athens by Night” starring singer and instrumentalist Vangelis Alkimos have contributed to our fund raising efforts.

The Father Elias Fund with your support will continue to serve our community’s needs. The Fund is an expression of love and remembrance to Father Elias and his memory will always be eternal. Once again I thank you and may the New Year bring good health and happiness to all of you.
Pres. Effy



Pres. Effy and Vangelis Alkimos with photo of a younger Father Elias

Photos by Peter Corvallis

To our Holy Trinity Family,
We thank you all for your love, support and well wishes you had extended to Peter and us while he was recovering from his intensive pancreatic cancer surgery. Following his passing you came forward once again and unselfishly extended yourselves to us with love and support. And also, thank you Father Jordan, Father Dimosthenis, Deacon David, Father George and Father Jerry for your prayers and for being there for us during this difficult time in our lives.
With our love, Fifi, George Psihogios and families and Mari Lou Diamond and family

Funerals:

December 1, 2011: Peter George Psihogios, who fell asleep in the Lord on November 25, 2011 at the age of 78. Remembrances may be made to the Fr. Elias Stephanopoulos Memorial Fund or HACCM.

December 21, 2011: Sophia E. Soter, who fell asleep in the Lord on December 18, 2011 at the age of 84. Remembrances may be made to Holy Trinity.

Endowment Board Seeks to Build Candidate Pool

The Endowment Fund is a ministry of Holy Trinity. The Fund was created by the Holy Trinity Parish Assembly to accumulate, maintain and make available financial resources to our Church, and to other charitable organizations in support of their religious, educational or philanthropic objectives. Currently Fund assets total in excess of \$1.2 million distributed in a portfolio of investments.

The Endowment Fund Board members are tasked with two major objectives: 1) To plan and implement an investment strategy based on prudent long-term growth objectives; and 2) to distribute funds based on eligibility assessments and fund availability.

Work on this Board is long-term in nature. Each member is elected to a five-year term, with the possibility of one additional term. For the next election (November 2012), the Endowment Fund Board is seeking community members with background and interest in business, legal, finance and/or parish development to become part of a pool of parishioners to be considered for membership on the Board.

If you are interested in being considered as a candidate for the Endowment Board, please contact Board President Michael Diamond or leave your name with the Church Office.

**Senior Ministries Luncheon
Wednesday, January 18,
2012, 11:30 am**

**Healthy Aging Presentation
12:30 pm**

Call the Church office to
RSVP 503-234-0468

Cost: donations appreciated
George and Chrisoula Papas will prepare a lovely luncheon for us. Kathy Phourides and Christina Marneris will offer a brief presentation on Healthy Aging. Enjoy a wonderful day of great food and friendship and learn practical tips on how to keep your new year’s resolutions to live healthier.

Kathy has been a registered dietitian for 30 years. And interested in nutrition since she was in high school. As part of the Portland Greek community, Kathy has firsthand exposure to the “Mediterranean Diet.” She knows why many Greeks are in such great



health despite eating copious amounts of butter, cheese and lamb: they just balance it with plenty of greens, wine and beans. Kathy recently received a master of arts in teaching and is currently a substitute teacher. Kathy shares, "I am married to Stephen, and we have four great kids: Nick, Elena, Stephanie and Maria. I have the best mother-and father-in-law in the world, Betty and Aristides. We all love to eat!"

Christina Marneris is the coordinator for Caregiver and Senior Health and Wellness Programs at SWAAD in Vancouver, Washington. Christina has over 14 years experience working with seniors, including our own Holy Trinity Senior Ministries. Like Kathy, Christina appreciates the healthy lifestyle Greek culture cultivates. Christina has been a member of the Holy Trinity family since 2001. Christina is a proud aunt and godmother and loves to spend vacations with her two sisters, Anna and Mary and brother, Tony.

**Daughters of Penelope
Troy Chapter #32
Annual Scholarship
Luncheon**

February 5, 2012

Holy Trinity Cathedral Hall
Following Sunday Services

Plump Gyros

Meat, Chicken or Vegetarian

(Choice of condiments:

lettuce,tomatoes,onion,feta,tzatziki
or ALL)

Fruit Salad, Baklava, Coffee

Adults or Children \$8.00 each

Raffle with drawing at the
luncheon

**Limnes/Portland
Association**

**H'Papandi 10th Annual
Grand Glendi**

The Limnes/Portland Association
invites you to the

Tenth Annual Grand Glendi

**Saturday, January 28th,
2012**

At Holy Trinity – St. Katherine
Hall

Doors open at 6:30 pm

Dinner served at 7:00 pm

Attendance is limited in number,

so please call Christina Meletis

for reservations 503-640-9306 or

visit the Limnes/Portland table

after church in the small hall for

ticket sales

Adult Education

Orthodox Spirituality

Join Father Jordan for his class
starting this month

Topic: Heavenly Banquet

Understanding the Divine

Liturgy

7:00 pm

January 4th & January 18th

Philoptochos

We make a Difference

PHILOPTOCHOS MEMBERSHIP

Holy Trinity Philoptochos has a rich history of service with a structure that offers something for everyone:

- Membership at Large: "Oli Mazi" service projects, retreats and fundraising opportunities for the entire membership;
- Circles: women who join Philoptochos may also join the activities of any one of six "circles" which meet monthly for more intimate, hands-on interaction that promotes fellowship;
- Dues-Paying Members: financially support the organization yet might not get involved in the day to day activities.

A monthly board meeting is held for circle leaders and the elected board to determine needs, activities and finances for the entire organization. The full membership meets semi-annually for dinner General Assembly meetings to review and approve Philoptochos programs.

- dues are "fairshare" (you decide), payable annually; \$25 of every membership automatically goes to National and Metropolis programs; remainder of each fairshare contribution stays in Holy Trinity Philoptochos for local activities
- men are welcome as associate members of Philoptochos

PHILOPTOCHOS 2011-2012

Stacey Gianopoulos, Philoptochos President
Christin Rouches, Membership Chair

CIRCLE	CIRCLE LEADER	CONTACT INFORMATION
MARY MAGDELINE/PHOEBE	Vasi Vlahakis	503-703-9275
MARTHA	Georgia Belesiu/Sophia Daimiani	503-255-0556/503-353-8613
PRISCILLA	Sophie Sly/ Mimi Palumbis/Pearl Pavlos/ Yianna Doherty	503-297-7338 503-636-2653
MAKRINA	Jo Anne Finicle	503-598-1953
PHILOTHEA	Athena Paskill	503-768-4410
ERMEONI	Sia Hatzipavlou	503-608-9985

Philoptochos is an integral part of the fabric of the Holy Trinity Cathedral community. For more information or to become part of the Philoptochos experience, call a Circle Leader or Christin Rouches (503-254-7509), Membership Chair or Stacey Gianopoulos (503-635-7836), Philoptochos President.



HOLY TRINITY GREEK ORTHODOX CATHEDRAL
3131 N.E. Glisan Street
Portland, OR 97232

8:30 am ~ Orthros,
9:30 am ~ Divine Liturgy

NON-PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 64
PORTLAND, OREGON

Change Service Requested

Feast Days

- January 1 ~ Feast of St. Basil and Circumcision of our Lord
8:45 am ~ Orthros, 10:00 AM ~ Divine Liturgy
- January 5 ~ Eve of Theophany
9:00 am ~ Royal Hours and Orthros
6:00 pm ~ Vespersal Divine Liturgy of St. Basil and the
1st Blessing of the Waters
- January 6 ~ Feast of Theophany
8:30 am ~ Orthros, 9:30 am ~ Divine Liturgy
- January 7 ~ Feast of St. John the Baptist
8:00 am ~ Orthros, 9:00 am ~ Divine Liturgy
- January 17 ~ Feast of St. Anthony the Great
8:30 am ~ Orthros, 9:30 am ~ Divine Liturgy
- January 18 ~ Feast of Sts. Athanasios & Cyril
8:30 am ~ Orthros, 9:30 am ~ Divine Liturgy
- January 25 ~ Feast of St. Gregory the Theologian
7:30 am ~ Orthros, 8:30 am ~ Divine Liturgy
(note earlier time)
- January 30 ~ Feast of the Three Heirarchs

House Blessings

Please contact the Church office to
schedule your home blessing

Stewardship
Commitment
Sunday
January 8, 2012

Your 2012 Stewardship packet will be available in St.
Dimitrios Hall after Liturgy

"The Scoop" for your Youth Group

Newsletter from the Dept of Youth Ministry

For more information contact Youth Director, George Demas @ 503-234-0486, ext 34

Chronia Polla! Happy Name Day!

- Vasiliki Kahl (St Basil-Jan 1st)
- Amalia (St. Emelia-Jan 1st)
- Fr. Jordan (Theophany-Jan 6th)
- Yanni Kondilis (St. John the Baptist Jan 7th)
- Kerollos Sahuon (St Cyril-Jan 18th)

2012 Pan-Orthodox Youth Winter Retreat

"Know your Faith, Share your Faith"

Where: Cedar Springs Camp in Lake Stevens, WA (Western WA)

What: Friends, games, rock climbing, laser tag, swing & Greek dancing, "Fire on Father", discussions, worship, talent show, skits,

When: Jan. 14-16, 2012

Why: To gather together for fellowship and to foster spiritual growth.

Who: 7th & 8th graders and High Schoolers

Guest Speaker: Fr. Photios from St. Demetrios Seattle

How: Fill out registration forms available at your church or online at

www.stpaulorthodox.org/registration.pdf

Volunteers: Fill out registration forms available at your church or online at

www.stpaulorthodox.org/registration.pdf

Cost: \$135.

Questions: Lefteris Sitaris lsitaris@saintdemetrios.com or Nia Chopelas 360-435-6264 or George Demas (Holy Trinity) 503-234-0468

Remember the Dates!:

(Detailed Information to Follow. Please check your physical mail, emails & Facebook. RSVP ASAP with George Demas for special events.)

- **EVERY 1st & 3rd Saturday of each month from 5-8pm is "Goya Together Night" (Vespers, Dinner, Discussion/Activity & Hang-out)**

November Goya Retreat at Monastery.
(Nice photography skills Athena Paskill!)



January 7th: Epiphany Swim: for **Hope/Joy (1st-6th graders)**. Orthros & Liturgy @ 8:30am for St. John the Baptist, then lunch, Swimming & Theophany discussion at 12:30pm-4:00pm @ Mt. Scott Community Swim center, 5530 SE 72nd Ave.

January 7th & 21st "Goya Together Night": **Sr Goya (9th-12th graders)** w/ Fr. Jordan/ Fr. Dimos, **Jr. Goya (6th-8th)** w/ George Demas. Worship, Food, Togetherness & Spiritual Reflection/Activity @ Holy Trinity.

January 14th-16th: Goyan Winter Retreat at Lake Stevens Camp: for **Sr & Jr Goya (7th-12th graders)**. Read above advertisement for details. Holy Trinity Youth Ministry is also granting \$35 to each person, so total cost is \$100 each for the whole weekend!

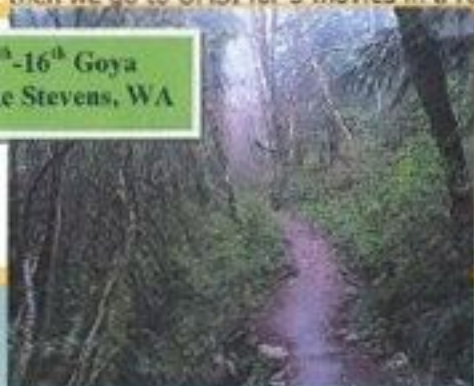
January 26th: Vespers, Dinner & OMSI iMax Movies (5pm-10pm): for **Sr. & Jr. Goya (6th-12th graders)**. You guys requested it and it's coming! Vespers @ 5:00pm, dinner then we go to OMSI for 3 movies in a row! Cost is on us.

January 14th-16th Goya
Retreat at Lake Stevens, WA

Quote of the Month (For our Orthodox Christian Identity):

**"One purpose in life: to be called servants of
God by virtue of the lives we live."**

-St. Gregory of Nyssa-



Anthea Fraser (6th grade)

Hi, I am Anthea. I am 11 years old in 6th grade at East Sylvan Middle School. I am one of 4 kids. My favorite sport is volleyball, but at church I love to greek dance.

The Church believes that art and theatre are naturally gifts from God. At the same time, our society tries to persuade us to copy everything that comes from its fashion, entertainment, government and culture which might not give the messages of Christ.

The early saints said the great gift of baptism is only for us to then imitate (imitate) Christ for the rest of our lives. If this is the case, then what does a baptized Christian need to imitate the most from Christ right now to progress holiness back into our society?

Personally, I think of my self as an individual. It doesn't matter to me about who's wearing what or what happens if someone wears something different. A lot of people in my generation are under pressure to do, say, or wear what everyone else is. I think that instead of imitating the "Famous" or "Popular" people, we should imitate Christ. For example, one thing you can do to follow the Lord is to do your cross or pray before you cut and go to bed because most people don't do this in the world. Just like Christ, I am not a follower of the world and I hope that more people do the same.

Like Christ, Anthea loves everything that breathes, even a tree.

**Dimitria Protopapas (2nd Grade)**

Hello my name is Dimitria Protopapas. I am eight years old. My favorite food is Chinese. My favorite color is purple. When I grow up I want to be a dentist. One thing I like is school, my favorite classes are math and reading. One thing I do not like is rude people! I appreciate my family, friends and teachers. What I like at church is when the priest tells us stories about God. I enjoy coming to Sunday School each week and I also like Greek School. My church friends are outstanding because we all believe in the same thing--God. When I am not at church I like to play with my computer, go to musical theater and ballet class. (Musical theater is when you dance and sing. Ballet is when you just do classical dancing.)

St. Anthony, commemorated on January 17th, left the popular and educated city of Alexandria to the desert of Egypt. Why was this move not just important for his life but for the lives of others?

St. Anthony's move was important for others because he helped prove that Jesus was real and the son of God. He also gave everything he had to the poor. He taught us to give to the poor and to believe in Jesus.

A lover of nature and kindness, Ms. Dimitria Protopapas.

**Pictures from the Monastery Pilgrimage**