



May 2009

“... Since the kingdom of God is not just words, it is power.”

1 CORINTHIANS 4:20

HOLY TRINITY GREEK ORTHODOX CATHEDRAL + PORTLAND + OREGON



Pascha and Pentecost: Waiting and Mission

As I think about the season of Pascha, leading up to the feasts of the Ascension and Pentecost, it seems to me that one of the very important themes of this period in the Church’s liturgical calendar is *waiting*. After the long season of Great Lent and the intensity of Holy Week, it might seem as if this is a time to “get back to work,” to resume our usual schedule and routine, to go back to business as usual. And yet what Jesus tells the disciples during the joyous few days that he is with them before the Ascension is *wait*: “stay here in the city until you have been clothed with power from on high.” Although I usually like the New Revised Standard Version translation, in this case I really prefer the King James Version: “*tarry* ye in the City of Jerusalem.” There is something delightful about this word “tarry”; it suggests lingering, almost dawdling, not rushing off immediately to do something else.

All too often, it seems to me, after a significant “breakthrough” experience in the spiritual realm, we are too quick to want to move forward, to go on, to get back to work and to the routine. But Jesus gives the disciples a period of time after the Resurrection just to linger in the joy and the glow of it, to allow its lessons to settle in and take root. We might wonder why the Holy Spirit was not sent immediately following the Resurrection of Christ. But I think that perhaps one reason is that it was necessary for the disciples to deeply internalize the lessons of the Resurrection before receiving their “marching orders.” As humans, we need time for lessons to “sink in,” to be absorbed and incorporated into our lives. We need time to linger.

It is only after the disciples have fully learned the lessons of the Resurrection that the Spirit is sent. And at that point, they are given a *mission*, the possibility of acting not merely for the sake of action itself (“don’t just sit there, do something!”), but of truly acting out of the truths they had learned deeply during this period of waiting. For me, the lesson that comes out of this period

in our Church’s liturgical calendar is that we have to learn to wait, to tarry, to linger, before we can be given a mission. We have to learn to wait before we can act. It also seems to me that there are some very concrete aspects of this idea of waiting and mission for us to consider as a community. After all, our community’s feast day is Pentecost and the Monday of the Holy Spirit. Therefore, the question we might be asking ourselves during this time, reflecting on together as a community, is “What is our mission? Who are we, and what are we supposed to be doing?”

On the Feast of Pentecost, June 7, we are planning a special event focusing on Orthodox missions. This will be a beautiful opportunity for us as a community, after tarrying in the joy of the Resurrection for 50 days, to consider what God is calling us to, our mission in the world. Following the Divine Liturgy for Pentecost, we will have a luncheon, during which we will have a guest speaker from the Orthodox Christian Mission Center, as well as a presentation about how we as a community might put together a mission team to Guatemala in the coming year. After lunch, we will then return to the Church for the Kneeling Vespers.

As we continue to celebrate the Resurrection of Christ, my prayer for each of you is that you will find time to linger, to allow the truth of the Resurrection to sink in, so that this truth may be turned into mission, into action led by God’s Holy Spirit.

□□□□□□ □□□□□□! Christ is Risen!

Fr. Paul Schroeder

Holy Trinity Greek Orthodox Cathedral
3131 NE Glisan St., Portland, OR 97232

DIRECTORY

All names without prefix are (503)
Holy Trinity office (phone).....234-0468
 Gail Morris, Secretary
 Bob Shaffer, Maintenance
Holy Trinity fax.....236-8379
Fr. Paul Schroeder.....737-7349
Fr. Deacon David Cole.....287-0475
Parish Affairs Director, Gus Pappelis234-0468
Parish Council President, Stephen Phoutrides232-6917

ALPHABETICAL LISTING

A.G.R.O., Saki Tzantarmas.....777-1415
AHEC, American Hellenic Educational Center
 John Melonas282-0277
AHEPA, Michael Kounavis.....693-6974
AHRC, American Hellenic Retired Citizens
 Sophia Stamatis939-4180
Altar Boys, Gary Palumbis869-5819
Camp Angelos695-5267
Choir Director, Gus Pappelis234-0468
Choir President, Dennis Constantine517-6188
Daughters of Penelope, Vana Amanatidis521-0827
Dynamis, Gail Morris 234-0468
Ethos Bookstore, Christina Koutures234-0468 ext. 25
Junior GOYA (ages 11-14)
 Kathy Damiani-Harris513-4904
Senior GOYA (ages 15-18)
 Tom and Lori Avgerakis635-1087
Greek Dance, Katherine Ossey..... 282-6219
Greek Festival, George Apostolou360-546-1224
Greeters Ministry, Ann Mallos255-0609
 Catherine Lingas292-0451
HACCM (Hellenic-American Cultural Center & Museum)
 Joan Liapes232-3487
 Peter Amanatidis521-0827
HOPE & JOY (ages 5-11), Athena Paskill 768-4410
 Christina Geist293-8056
Justice & Human Rights, John Lingas292-0451
Maids of Athena
Philo House Thrift Shop..... 232-3992
Philoptochos, Stacey Gianopoulos635-7836
Philoptochos Cookbook, Helen Stratikos666-8815
Seniors Ministry, Dean Lampus292-7612
St. Nektarios Ministry, Kim Miller249-0903
St. Photios Fellowship, Dn. David Cole287-0475
Stewardship Chairman, Don Ossey282-6219
Sunday School, Lori Avgerakis .. .635-1087
 Ann Davis,292-0191
 Joanna Mason 526-2043
Vacation Church School, Dina Khoury224-5524
Young Adult League, Jacob Gorny449-7720

DYNAMIS

Dynamis is the monthly newsletter of the Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. Articles for the next month's issue of *Dynamis* are due in the church office on the 11th of the current month. Deadlines will be strictly adhered to.

Dynamis Editorial Guidelines

How to contribute: Email to: Gail@goholytrinity.org or on a CD with a hard copy to the church office. If you do not use a computer, please fax submissions to 503-236-8379 or bring a typed copy to the church office.

Content and length: Church-related organizations maximum 500 words; non-church related and articles by private persons maximum 300 words. We reserve the right to edit or decline a submission. All inserts must be approved by the church office and the postal service.

Announcements policy: Unpaid announcements for church-related events are limited to a half page. Non-church-related community event announcements are limited to a quarter page.

The back cover is reserved for paid advertisements, at these rates:

Full advertising section – half of back page\$400
Half advertising section – ¼ of back cover\$225
Quarter advertising section – 1/8 of last page\$125

From the Parish Council

Christos Anesti!

The power and beauty of our faith is truly evident during this time of year. It is a period when we are surrounded by reminders of God's triumph - in his filling our lives with hope and love. It is a wonderful period - one which we can extend by sharing this sense of promise with others by our presence at worship services.

New members – During Lent, Deacon David led an adult education class on the Orthodox faith. The class was designed for both Orthodox and those inquiring about Orthodoxy. In addition, the class served those attending as catechumens, so that they would be ready to be received into the Church on Holy Saturday. On that day, our Church was blessed to receive 6 new members.

Youth and community building - Nearly 70 of our young people participated in education and community building programs during Lent. The Good Friday Retreat with Hope and Joy, the Jr. Goya lock-in, and Sr. Goya's involvement at the Church on Lazarus Saturday were all great programs.

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The community also benefited from our youth's work. They helped prepare the Church for Holy Week by tying palms, making and hanging garlands, helping decorate the kouvouklion, and serving in the altar and as myrrh-bearers.

These programs and our youth's real work at the Church are great demonstrations of a community working to build stronger connections.

Assistant Priest Update – We have no new news to report on the progress of Fr. Dimosthenis' visa application – except to say that it is moving forward (at the speed of bureaucracy).

Cry Room – Progress is being made on the remodeling of the Cry Room. The Beautification Committee has selected the design. The plan will soon go out for bid. We are expecting to have costs and plans ready for presentation at the Spring Parish Assembly on May 17th.

Stephen Phourides
Parish Council President

Thank you to the Holy Trinity Choir and Chanters for their gift of Holy Week music. Our Chanters, led by Costas Zafiriou and John Boyer Sr., skillfully navigated through the intense and beautiful hymns of this holy season. The Holy Trinity Choir sounded wonderful, with the Women's Chorale singing the Hymn of Kassiani on Holy Tuesday, the Men's Chorale adding their rich version of Symeron Krematai on Holy Thursday, and the combined choirs leading the Christos Anesti magnificently at the midnight Anastasi service. The combined musical offering was excellent. Good job, everyone.

Thank you to Anastasia Mallos and Priscilla Circle for decorating the icons and Kouvouklion, to Meropi Courogen for

decorating the wreath, to Shelle Pickens and Eleni Marschman for their help supervising the Myrrh Bearers and Gary Palumbis and John Anasis for their help organizing the Altar Boys.



Pascha donations

Thank you to all who sent in donations to cover costs of the items needed for Holy Week and Pascha.

Holy Thursday Candles:

Chrisoula Papas ~ Aristides & Betty Phourides ~ Peter and Catalina Corvallis

Epitafios Flowers

Ellie Bass ~ Angelie Karabatsos ~ Bonnie Gorny ~ Jim and Georgia George ~ Sophia Kremidas ~ Helen Stratikos ~ Gus and Gloria Kikes ~ Effie Karambelas ~ Mary Peterson ~ Chris and Sandra Karafotias ~ Eleni Sofos ~ Tonia Kafouros ~ Cathy Eagle ~ George & Areti Fasilis ~ Georgia Liapes ~ Joan Liapes ~ Michael and Pauline Gustafson ~ Peter and Catalina Corvallis ~ Goldie Oules McFadden ~ Maria Belesiotis ~ Merle Booras

Easter Candles

Christos and Eleni Efthimiadis

Candles for Epitafios

Kathy & Dino Karabatsos ~ Bonnie Gorny ~ Demetrios Gatzliolis ~! Maria and Sideri Garifalakis ~ Katherine Karafotias ~ Christina P. Demas

Easter Lilies

Dick & Sophia Sly ~ Chris and Nancee Pangares ~ George & Sophia Karatzas

Priest's Paschal Candle

Sue George

Easter candies and trinkets

Tom and Sharon Lilles ~ Stephani & Spiro Sassalos ~ Michael & Pauline Gustafson ~ Mike & Nannette Gianopoulos

Miscellaneous Pascha donations

Mary Harris ~ Gus & Sophia Kriara ~ Elizabeth Franklin ~ Christ & Katy Vokos ~ Gene & Eleni Marschman ~ Susan and Mike Zumberis ~ John Anasis ~ Sam Melonas ~ Peter & Catalina Corvallis ~ Helen Antonis

Seniors Ministry upcoming events:

Future Seniors events include: May 19th bus day-trip to Spirit Mountain; Healthful Living Luncheon Tuesday, May 26th; and Monday, July 27, a visit to St John the Forerunner Monastery.

Our People

Stephanie Nicholson, daughter of Paul and Karen Nicholson and granddaughter of proud yia yia, Eleni Nicholson, has been named a "Young Woman of Achievement" at Camas High school. She has been accepted at Stanford University and excels in both academics and her extra-curricular activities. Best of luck to you, Stephanie!

Baptisms:

February 1, 2009: Sophia Self, daughter of James Bradley Self and Christina Soulakis Self. Her Godparent is Patricia Matos.

February 21, 2009: Isidoros Skiadas, son of Miltiadis Skiadas and Christina Garifalakis Skiadas. The Godparents

are Ksenofontas and Katerina Tofas, who live in Greece.

March 15, 2009: Photini Soot, daughter of Simon Anthony Soot and Katie Michele O'Malley Soot. The Godparents are Damian and Randi Soot.

Funerals: April 14, 2009 (Holy Tuesday) Gene Thomas Spathas, who fell asleep in the Lord on April 7, 2009 at the age of 76. Gene was born on December 3, 1932 in Portland, the son of Greek immigrant parents, Thomas and Mary Spathas. A lifelong Portland resident, Gene went to Richmond Grade School and graduated from Washington High School in 1950. He attended Oregon State University and was an avid Beaver fan, and although he would never actually admit it publicly, he actually graduated from the University of Oregon in 1958.

In 1957, Gene married Claudia Mickelson and together they opened Claudia's Tavern the following year. They reared three sons in their Mt. Tabor home until Claudia's death from cancer in 1971 at the age of 36. Gene later married Elaine Nadeau in 1974, who took on the task of raising three active (and often overactive) boys.

Gene is survived by his wife, Elaine, sons and daughters-in-law, Matt and Kris Spathas of San Diego, Jeff and Kim Spathas of Portland and Martin and Debbie Spathas of Portland and nine grandchildren. He is also survived by his brother, John Spathas of Portland and sister, Dianne Schweitzer of La Jolla, CA. The family suggests contributions in remembrance to the Kids 'n Cancer program at Holy Trinity or the Oregon Humane Society.

April 22, 2009: Gus John Kriara, who fell asleep in the Lord on April 9, 2009 at the age of 84. Born December 15, 1924 to Greek immigrant parents Harriet and John Kriara in Portland, Gus attended Jefferson High School and Oregon State University for a

short time before joining the Navy during the height of World War II. Stationed in the Pacific theatre, Gus served on the aircraft carrier USS Antietam until the war's end. He also served in the Korean War. Returning to Portland, he worked for the Karamanos family at Sunshine Dairy as a milkman and later as sales manager. He worked for Sunshine for more than 20 years, going on to start his own food import and distribution company, Far West Food Associates. Gus' true life's work, though, was the founding and stewardship of Camp Angelos on the Sandy River. He contributed his vision, leadership and more than 609,000 hours of volunteer time to the camp. He and his AHEC board have created a place that has and will continue to touch the lives of thousands of people for years to come. Gus' vision, independent spirit and grandfatherly presence will be missed by many, many people.

Gus is survived by his wife, Sophia; sister, Dianna George; his daughters and sons-in-law, Katherine and Marvin Peterson and JoAnne and Kent Grewe and seven grandchildren, Nicole, Matthew, Gregory, Madeline, Diane, Alison and Michael.

Consul General Xenia Stefanidou to visit Holy Trinity

There will be a community reception for Xenia Stefanidou, Consul General of Greece at 7 PM on Wednesday, May 13th after Paraklesis Service in the Small Hall. This event, sponsored by AHEPA, Holy Trinity Parish Council, AGRO, HACCM, Cappella Romana, and the Classic Greek Theater of Oregon, will honor Mrs. Stefanidou and her years of support and interest in our community. If you plan to attend, please call the church office and have your name added to the reservation list.



In every organization there are individuals who work quietly, in an unassuming manner, never asking or seeking accolades, but pursuing the goals and vision of the group. Ellie Bass is such an individual and the Hellenic-American Cultural Center & Museum is fortunate to have her in their organization. Ellie has been working months to record the history of our community through the obituaries of the Holy Trinity parishioners. She has compiled five very large notebooks of information dating back to 1936. Ellie began by researching the church records and the earliest death she found recorded was Basil Codekas in 1936. Continuing with her research, Ellie then created an individual page for each person including: place of birth, date of birth, date of death, place of death, age, where buried and survivors.

Beginning with the 1960s she also includes the newspaper obituary, the funeral handout and any pictures she has found. Ellie would appreciate any information parishioners may have so it can be included in the notebooks. An extensive index has also been organized for ready access to this information.

Ellie's dream is to create a special section in the library to keep the notebooks where parishioners can view and use for reference. These notebooks will join the wedding album, compiled by another unsung volunteer Christine Rulli, to complete the history of Holy Trinity families. Congratulations, Ellie, and thank you for taking on this monumental task. Your "labor of love" is a lasting tribute to all parishioners and another avenue for HACCM "to preserve our past."

In other areas, HACCM has just completed the very successful "Rebetiko Festival." After many hours of preparation the two-day event proved to be entertaining and informative. A huge thank you to: Alexandra Andronikos, Chrysanthie

Voreas, Paula Diamond, Ted Pappas, Mary Vertopoulos, Yianna Doherty, Katherine Karafotias, Sophia Stamatis, Jerre Ann Pappelis, Gus Pappelis, Peter Amanatidis, Erna Walter, Susan Bournelis, Christos Mandalides, and Geoff Carr for their tireless efforts. A special thank you to Lena Brice for her graphic arts expertise and also to AHEPA, Mt. Hood Chapter #154 for their financial support.

Currently the art exhibit "Molivos: A Way of Life" is on display. Fifteen selections of paintings by Marguerite Frances Sylvia are being shown until May 31st. This is a very special event for HACCM, and we invite you, your friends and neighbors to visit the museum to view the exhibit.

Please plan to attend the HACCM annual meeting to be held in conjunction with the Parish General Assembly on May 17, 2009.
Joan Liapes, HACCM Chair

Congratulations to the Hellenic-American Cultural Center & Museum (HACCM) for the "Molivos: A Way of Life" front page feature article in The Hellenic Voice Arts, Culture & Education section. The Hellenic Voice, published in the Boston area, is this country's most widely read English weekly newspaper dedicated to Hellenic Americans. Readers across America and Canada will learn about HACCM and its featured artist Marguerite Peggy Sylvia, and they will enjoy six photos of her works which will be on display here May 6-31.

HACCM is curator of 97 of Sylvia's works, which she left to her lifelong friends Bobby and John Maslen of Portland. "Molivos: A Way of Life" exhibit - in the Fr. Elias Stephanopoulos Community Center at Holy Trinity Cathedral - open Wednesdays 11 AM to 3 PM and Sundays noon to 2 PM, May 6-31. Admission is free. For more information about this exhibit, please explore HACCM's website:
www.hellenicamericanccc.org

SAVE THE DATES

Saturday, May 9: Sr. GOYA Habitat for Humanity

Wednesday, May 13 @ 7:00 PM: Appreciation Reception for Xenia Stefanidou, Consul General of Greece in San Francisco, after Paraklesis service in the small hall.

Tuesday, May 19: Senior Ministry Day Trip to spirit Mountain Casino.

Phone the office to have your name added to the sign-up list.

Cost: \$15 per person.

Saturday, May 30: Jr. GOYA End-of-Year Party

Saturday, June 6 @ 1:00 PM: HOPE/JOY Service Saturday at the Oregon Food Bank. Sign up list and parental permission forms in office.

June 22-26: Vacation Church School

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Youth Ministries Rev Up for Spring

Twenty Jr. GOYAns, under the cool and calm leadership of Kathy Harris, enjoyed their traditional Lenten Lock-In at Holy Trinity on April 3rd & 4th. The kids (all ages 11-14) joined in a night full of fellowship, Lenten reflections, lessons, games, and other well-structured and supervised activities with Fr. Paul and parent volunteers.



An evening highlight was the opening of the newly completed Youth Fireside Room, a space dedicated to our youth and all the Youth Ministries. A great time was had by all.

The Sr. GOYA held their own overnight event at the home of their leader, Lori Avgerakis, on April 10th. The high schoolers and their guests prepared for the Saturday of



Lazarus with skits and discussions supervised by Fr. Paul. Games, swimming, and songs were also a part of the evening fare. On Lazarus Saturday, the group served up a Lenten pancake breakfast for



church-goers and "palm cross" folders. The GOYAns also helped with the floral decoration for Holy Week, making the garland for the church's Royal Gate. They even stuffed the eggs for the annual Easter Egg Hunt. The Sr. GOYAns are slated to have their Habitat for Humanity on-site work day on Sat. May 9th.



A huge "thank you" to the Altar Boys and Myrrh Bearers who contributed greatly to the beauty of this year's Holy Week. Their meeting with Fr. Paul on Lazarus Saturday helped insure a confident, coordinated presence for this, the

holiest week of our church calendar. Their steadfast dedication and service added to the week's beautiful experience for all our community. We are so proud of all of the Altar Boys and Myrrh Bearers.

The youngest ministry group, HOPE/JOY (ages 5-11), convened for their annual Holy Friday Mini-Retreat. Group leaders Dina Khoury and Nikki George led the children in festive art projects and activities, while choir director Gus Pappelis joined the group for some special Holy Week hymns. Father Paul captured everyone's attention with a lesson on the events of Holy Friday, including a talk about the vinegar that was offered to Jesus on the cross. The children also helped Philoptochos Priscilla Circle volunteers in preparing flowers for the icons and decorating the Kouvouklion (which was absolutely beautiful).



HOPE & JOY will celebrate their upcoming "Saturday of Service" on June 6th (the day before Pentecost) by doing volunteer work at the Oregon Food Bank from 1 to 3 PM with a short tour of facilities afterwards. We are pledged to bring 30 volunteers (including a few parents), so please call the church office to add your name to the list. Permission/Parent Release forms for this event are also available in the office.

Don't forget Vacation Church School is just around the corner: June 22 – 26.