

Dynamis

September 2011

"... Since the kingdom of God is not just words, it is power."

1 CORINTHIANS 4:20

HOLY TRINITY GREEK ORTHODOX CATHEDRAL + PORTLAND + OREGON

September 1, 2011

Beginning of the Ecclesiastical New Year Day for the Protection of our Natural Environment

*In wisdom You have wrought all things and
have established proper times and seasons for our lives.*
(Hymn of the Orthros Service)

*To the Most Reverend Hierarchs, the Reverend Priests and
Deacons, the Monks and Nuns, the Presidents and
Members of the Parish Councils of the Greek Orthodox
Communities, the Distinguished Archons of the
Ecumenical Patriarchate, the Day, Afternoon, and Church
Schools, the Philoptochos Sisterhoods, the Youth,
the Hellenic Organizations, and the entire Greek Orthodox
Family in America*

Beloved Brothers and Sisters in Christ,

On this day, September 1, we begin this new ecclesiastical year in the blessed anticipation of the saving and wondrous works that will be accomplished by God in the days and months before us. Each new annual cycle of worship and ministry in our Orthodox Faith offers opportunities for our spiritual growth, for transformation in the lives of those who find faith and hope, for fellowship with one another as brothers and sisters in Christ, and for compassionate service offered to those in need.

This day marks the passing of the times and seasons of our lives in relation to our commemorations and observances in the Holy Church of Christ. It is a reminder to us that the days and years are not meaningless units of time through which we wander without purpose or hope. It is a day that affirms the interrelationship of chronological and sacred time, of the physical world and the spiritual realm, of the temporal and the eternal, of the earthly and the heavenly. On this day we proclaim the great wisdom of God for bringing all things into existence.

In His wisdom God has also established the times and seasons of our lives, and this day, marking the beginning of a new ecclesiastical year, guides us in understanding the significance of this. In the natural cycle of the seasons of the year, we see the great wisdom of God as Provider and Sustainer of creation. In the annual commemorations of our Orthodox Faith, we are connected to events and revelations in time and history that offer truth and meaning to our lives. Each day we have the opportunity to reflect on our past, contemplate the present, and move forward into the future in faith and hope toward the restoration of all of the created order and the fulfillment of life in eternal communion with God.

As we begin a new ecclesiastical year, we also observe September 1 as the Day for the Protection of our Natural Environment. As guided by our Ecumenical Patriarchate, this observance helps us to be witnesses of God's wisdom through our love and care for the created order and through our intense activities related to basic elements of our physical world: earth, water, air, plants and animals.

On this day and each and every day may we consider and know that our lives are created and sustained in the wisdom of God and will be fulfilled through His love for us. May we also be faithful to share this with others so that they find the meaning of the times and seasons of their lives in communion with God. He offers to all of us an abundant life today, tomorrow, and for eternity.

With paternal love in Christ,

† **DEMETRIOS**

Archbishop of America

Holy Trinity Greek Orthodox Cathedral
3131 NE Glisan St., Portland, OR 97232

Dynamis is the monthly newsletter of the Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. Articles for the next month's issue of *Dynamis* are due in the church office on the 11th of the current month. Deadlines will be strictly adhered to.

Dynamis Editorial Guidelines

How to contribute: Email to: Gail@goholytrinity.org or on a CD with a hard copy to the church office. If you do not use a computer, please fax submissions to 503-236-8379 or bring a typed copy to the church office.

Content and length: Church-related organizations maximum 500 words; non-church related and articles by private persons maximum 300 words. We reserve the right to edit or decline a submission. All inserts must be approved by the church office and the postal service.

Announcements policy: Unpaid announcements for church-related events are limited to a half page. Non-church-related community event announcements are limited to a quarter page.

The back cover is reserved for paid advertisements, at these rates:

Full advertising section – half of back page\$400
Half advertising section – ¼ of back cover\$225
Quarter advertising section – 1/8 of last page\$125

Don't Conform, Transform!

Words never really convey the depth of our camp experience. It doesn't matter if you are talking to a first time camper, the well seasoned camper, a counselor, staff, director, or Yiayia Mallos. Camp is something we look forward to each year and before the week is done, we are already talking about next year's camp.

Faith, Love and Fellowship were abundant at this year's camp. We celebrated 40 years of camping ministries at Holy Trinity and the 25th anniversary at Camp Angelos. We honored the tradition of our faith and our families. Campers shared photos of their papous, yiayias, moms and dads. We took a pictorial trip down memory lane of previous camps. Imagine being a camper standing with all your cabin mates and looking at a picture of your mom when she was a camper.

During camp we learned about the feast day of the Transfiguration of our Lord and prepared for the feast day of the Dormition of the Theotokos. Fr. Jordan provided us with a rich and beautiful camp theme this year: Don't Conform, Transform. We were blessed to spend the week with Fr. Jordan, Fr. Dimos, and our Pan-Orthodox Clergy.

They led us in church services, prayers, Orthodox Life lessons, a Night with God and cabin devotionals. During the week we worship together, learn together and grow in our faith together.

At camp we take retreat from the fast pace of our daily lives and have life transforming experiences. Campers build friendships that will last a life time. Counselors give back to a ministry that has nurtured them and their lifelong friendships. Staff reconnect with friends they haven't seen in a year. Most importantly we spend a week living and learning about our faith, enjoying fellowship and fun with one another and experiencing that same agape that campers experienced 40 years ago.

You can see for yourself just how special camp is by visiting <http://www.flickr.com/campangelos>

Two Adult Christian Ed. Classes to Kick Off the Fall Learning Season at the Cathedral

Starting the fourth week in October and running to the week before Nativity, the Adult Christian Education cycle at Holy Trinity Cathedral resumes with the regular fall Catechumens' Class, "The Historic Road of Orthodox Christianity," on Mondays from 7-9pm, and a new class, "The Other Holy Scriptures of the Early Church," on Wednesdays from 7-9pm.

The Catechumens' Class on Mondays in the fall covers the history of Eastern Christianity from the time of Christ to the 21st century. The class is designed both for those interested in becoming Orthodox Christians and for the visitor just interested in learning more about the Ancient Church. The Faithful are always welcome to renew their knowledge of the Church's history. The class continues in the Spring Lenten season of 2012 with the second half focusing on the Holy Orthodox Faith and its practice.

The second, new class on "The Other Scriptures" on Wednesdays will be a more relaxed and informal reading and discussion of the major holy writings not officially in the eventual Orthodox Canon of Scripture, but highly revered to this day by the Orthodox Church. Included will be the "Proto-Evangelion of St. Iakovos (James), Brother of the Lord," "The Didache," "The Shepherd of Hermes," "1st and 2nd Clement," and others, as time permits. This class will open a whole new world of the first Christians and help explain the Orthodox Church's dedication to Christ, the Trinity, the Mother of God, the Holy Mysteries (Sacraments), and the Hierarchy of Bishop, Priest, and Deacon. All are welcome to attend both classes.

Catechumens Class: October 24, 31, Nov. 7, 14, 22 (a Tuesday), December 5, 12, 19 (Mondays)

New Adult Class: October 26, November 2, 9, 16, 30 December 7, 14 & 21 (Wednesdays)



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GREAT FOOD • TAVERNA • PASTRIES • MUSIC & DANCE

**SEPTEMBER 30TH – OCTOBER 2ND**  
**HOLY TRINITY GREEK ORTHODOX CATHEDRAL**  
10AM - 10PM Friday & Saturday • Noon - 8PM Sunday  
**NE 32ND & GLISAN**

ENTER TO WIN A TRIP TO GREECE • FREE ADMISSION  
~~~~~

The 60th Annual Portland Greek Festival is around the corner

Holy Trinity Greek Orthodox Church (now Cathedral) was established by Greek immigrants many years ago. In 1952, after moving to the current location, the ladies of the then Greek community decided to hold a bazaar to help pay off the mortgage on the new church. That event started what is now known as the Portland Greek Festival. The festival is now a regular cultural annual event that draws thousands of visitors from the surrounding communities. With the help of the festival that mortgage was paid off a long time ago. But the festival continues to provide many

benefits to Holy Trinity. It provides us with the opportunity to share with our guests our Greek Orthodox Faith, our culture, customs, food, music and dance.

60% of the festival net proceeds are used by the church itself to support its operations and charitable programs under its control and direction. 40% of the net proceeds are set aside to be distributed to charitable organizations not directly connected with the church and to the Holy Trinity Endowment Fund. Income from the endowment fund is now distributed, in the form of grants, to various ministries of Holy Trinity and other charitable organizations.

Over the last 20 years more than \$270,000 from the Festival Charitable fund has been disbursed to charitable organizations, schools and other organizations working for the public good in the metropolitan area. Community Transitional School for homeless children, Ecumenical Ministries of Oregon (EMO), Raphael House, Holy Trinity Blankets for the needy, Shepherd's Door Women and Family Shelter, Laurelhurst School, and Kids 'N' Cancer - Camp Agape are examples of agencies and organizations which received grants from this fund. The list is too long to include here. Thanks to the money from the festival (and wise stewardship from the Endowment committee) the Endowment Fund has exceeded one million dollars.

A lot has changed in the way we prepare and put on the festival since that first bazaar in 1952. The festival has grown a lot, but fortunately, we have much better equipped kitchens and other equipment that make the preparation and handling of food and other items we sell a lot easier. Two things have not changed since that time. Just like then all preparations for the festival and the running of it are carried out by volunteers, and all the food and pastries we sell are authentic and prepared from scratch using top quality ingredients. The festival committee needs the help of all parishioners in order to continue putting on a festival that is exciting, authentic and most profitable. Don't wait to be asked.

PLEASE VOLUNTEER WHENEVER YOU CAN.

Greek Festival continued

We are entering a critical period in the food preparation for the festival. Events are scheduled for both weekdays and weekends. Please come and lend us a hand even if it is only for an hour or two. See the food preparation schedule below and check the Sunday Bulletin for announcements. Also, help is desperately needed during the festival. Please call the church office or come by the office and sign up.

Thank you
Nick Fkias
Greek Festival Committee Secretary

Festival Preparation Schedule

| <u>ITEM</u> | <u>DATES</u> |
|--------------------------|-----------------------------------|
| KOULOURLAKIA | Aug 13 & 14 (Sat. & Sun.) |
| KATAIFI | Aug 16 (Tuesday) |
| KOURAMBIETHES | Aug 23 & 24 (Tues. & Wed.) |
| DOLMATHES | Aug 31 (Wednesday) |
| BOUGATSA | Sept 3 (Saturday) |
| BAKLAVA | Sept 5, 6 & 7 (Mon., Tues., Wed.) |
| PASTA FLORA | Sept. 12 (Monday) |
| Move Pastries from Annex | Sept 17 (Saturday) |
| DIPLES | Sept 24 (Saturday) |
| Move Pites from Annex | Sept 24 (Saturday) |
| PASTITSIO | Sept 29 (Thursday) |
| PACKAGING | Sept 18-22, & 25 |

Dates are subject to change. Please check Bulletin/Weekly Updates or Church Office.

Recycling at the Festival

The Green Initiative is looking for volunteers to join the recycling team at the Festival. Like almost everything else at the event, recycling is a volunteer-driven effort – and fun! Without this team, many hundreds of pounds and feet of

cardboard, paper, plastic, and tins would be needlessly thrown into the landfill.

Please join us for a shift or two, which entails collecting recyclable items from designated venue spots and depositing them into recycling dumpsters. It's a good way to visit different areas and chat with everyone in the community. At least one buddy will share the shift with you and keep you company. For more information, please call Dimitra Giannakoulis at (503) 922-0611 or email dgiannakoulis@gmail.com.

SAVE THE DATE

The Father Elias Stephanopoulos Committee
presents:

"Athens by Night"

Saturday, November 19, 2011 in the Father
Stephanopoulos Center at Holy Trinity Greek
Orthodox Cathedral
Featuring Vangelis Alkimos, singer from Greece
and New York
Food and Dance

Proceeds to support the mission of the Father
Elias Stephanopoulos Memorial Fund

2011 Holy Trinity Scholarship Recipients

The Holy Trinity Scholarship Foundation and the Holy Trinity Philoptochos are very pleased to announce the recipients of this year's Holy Trinity and Philoptochos Scholarships. They are:

Anthony Aivaliotis ~ \$1375 ~ Hrestu Memorial Scholarship
James Avgerakis ~ \$1000 ~ Rhonda Gadinis Memorial
Scholarship (sponsored by Philoptochos)
Nathaniel Penaranda ~ \$1000 ~ Parish Council Scholarship
Demetri Stoumbos ~ \$1300 ~ Hrestu Memorial Scholarship
Nicholas Stoumbos ~ \$1325 ~ Hrestu Memorial Scholarship
Spiro Tzakis ~ \$1000 ~ Holy Trinity Philoptochos
Scholarship

In addition to their academic work, our recipients this year have a broad range of activities and life experiences both inside and outside of the Holy Trinity community. We are very proud of them and pray that God will bless them as they continue their academic pursuits.

Kai Se Anoter!

+ Holy Trinity 2011-2012 Sunday School + Begins September 11, 2011

Faith, fun and friendship are the focus in Sunday School for children age 3 through high school beginning Sunday, September 11. Faith and friendship must be seeded and then nourished over time, and regular church and Sunday School attendance does that! Holy Trinity Sunday School strives to teach our children the Orthodox faith through understanding our history, beliefs, active participation in liturgy, and Christian living.

Start your family's Sunday off by attending Divine Liturgy at 10:00am. After Holy Communion, children are dismissed to their classrooms until 12:15. Registration forms can be found online at www.goholytrinity.org/cForms.html and in the church office.

Sunday School Teachers:

Preschool: Jill Kondilis, Wendy Courogen, Yvonne Kandas, Maria Hatziyiannis
Kindergarten: Nikki Gomez-George, Kathleen Lee
1st Grade: Ann Mallos
2nd Grade: Ann Davis
3rd Grade: Dawn Damiani, Parthena Loosli
4th Grade: Kathy Harris, Steve Phourides
5th/6th Grade: Michael Dimond, ZoeAnn Dimond
7th Grade: Nick Mallos
8th/9th Grade: Demetri Lee
10th/11th/12th Grades: Father Dimos Paraskevaidis, Spiritual Advisor
Directors: Lori Avgerakis, Ann Davis, ZoeAnn Dimond
email: annrdavis@comcast.net

HACCM Happenings

HACCM begins the Fall season with another of the critically acclaimed theater productions by the Leonidas Loizidis Theatre

Troupe. This year HACCM and Classic Greek Theater of Oregon co-sponsor the world-renowned Greek drama, "Iphigenia in Tauris" by Euripides. In its continued effort to spread the love for theatre and the ancient drama, award-winning theatre and film director, Loizidis will once again bring his production to Portland in September and October. The play will be performed at two different venues: September 22 - 25 at Reed College and October 5 - 8 at PSU. Read your Sunday bulletins for more information.

HACCM is also offering a look at the history of Greek immigration with the presentation of a two-part documentary in late October. This documentary was previously shown on PBS and narrated by Olympia Dukakis. Stay tuned for date and time.

Those who remember HACCM's first Tavli Tournament last November will have a chance to play again (or learn the game for you newcomers) as our second tournament will take place on Saturday, November 5th - location to be determined. Also on the slate of activities is a presentation by parishioner Tom Doulis on his newly published book, Iron Storm, on Saturday, November 12th in St. Demetrios Hall.

For information on all our upcoming events, call HACCM at (503) 858-8567 or email us at hacmpdx@gmail.com.

A CALL FOR FESTIVAL DOCENTS

Since HACCM will be open during the Festival, we are asking for docents to serve for two- or three-hour shifts on September 30, October 1 & 2. Select the time most convenient for you. At least three people are needed per shift.

Friday, September 30 and Saturday, October 1:
10 am - 12 noon; 12 - 2 pm; 2 - 5 pm; 5 - 7 pm; 7 - 9 pm.

Sunday, October 2:

11 am - 1 pm; 1 - 3 pm; 3 - 5 pm; 5 - 7 pm; 7 - 9 pm.

To schedule your time, please call Cathy Eagle at (360) 573-6803 or email her at Katina63@aol.com.

Wanted: Old Ahepa Mentors

We are collecting old Ahepa Mentors in the 1950-1980 era for historic preservation. Do not remove mailing labels. The label will let us know who the donors are. Contact Cleo Rumpakis at 503-281-8141.

SAVE THE DATE



**SUNDAY, OCTOBER 23,
2011 ~ 5:30 PM**

14th Annual A.G.R.O. Youth and Community Fundraising Gala

- Fun filled evening with family and friends
- Surprise entertainment
- Live Greek music
- Fine Food
- Silent Auction

All proceeds from the event support all of our youth programs at Holy Trinity, community at large and Doernbechers Hospital Foundation.

More information to follow.

Our People

Graduate:

Stephanie Brooks, daughter of Allen Brooks and Rita Karambelas Brooks, graduated in May from Gonzaga University in Spokane Washington with degrees in Journalism and English with an emphasis in writing. She is currently working for Gonzaga Magazine.

Funerals:

July 27, 2011 ~ **Helen Apostol**, who passed away on July 20, 2011 at the age of 97.

August 19, 2011 ~ **Helen Melonas**, who passed away on August 11, 2011 at the age of 90.

Baptisms:

July 2, 2011 ~ **Odysseus Millward**, son of George Richard Millward and Stella Gdontakis. The Godparent is Evagelia Papavelos.

July 7, 2011 ~ **Daniel Newcomer**, son of Charles Newcomer and Michele Cormier. The Godparents are Peer and Stephanie Lykiardopoulos.

July 10, 2011 ~ **Catherine Sulages**, daughter of Chris and Megan Sulages. The Godparents are George and Anna Sulages.

July 17, 2011 ~ **Alexander James Perko**, son of Joseph K. Perko and Nina Silva. The Godparent is Marianne Silva.

July 24, 2011 ~ **Christos Bournelis**, son of Panayiotis Bournelis and Maria Bournelis. The Godparents are Ioannis Batsalis and Fani Gkika.

July 31, 2011 ~ **Panagiota (Hayliehe) Bell**, daughter of Brian R. Beprestis and Rebecca S. Bell. The Godparents are Helen Tzakis and Ted Papas.

August 5, 2011 ~ **Nicholas Logan**, son of James Logan and Angela (Mann) Logan. The Godparents are Gust and Elizabeth Mann.

August 20, 2011 ~ **Zachary Ryan Douglas**, son of Ryan James Douglas and Michele Marie Trames Douglas. The Godparent is Arianna Quincy Trames.

August 28, 2011 ~ **Charlotte Anne Martineau**, daughter of Jeffrey

Martineau and Michelle McNeany Martineau. The Godparent is Brian McNeany.

Weddings:

July 9, 2011 ~ **Daniel Howard Newcomer and Natalie Lucia Romero**. The Sponsor was Maria Athanasopoulos.

July 30, 2011 ~ **Michelle Diamond and Vasili Rozakis**. Michelle is the daughter of Paula and George Diamond and Vasili is the son of George and Betty Rozakis of New York. The Sponsor was Alex Sioukas.

August 27, 2011 ~ **Christina Marcoules and Paul Comfort**. Christina is the daughter of John and Bernice Marcoules and Paul is the son of Lawrence and Bernice Comfort. The Sponsors were Jim and Ellen Belesiu.

Justice and Human Rights Council

Members of the Council met with Congressman Kurt Schrader on June 9, 2011. Congressman Schrader was cordial and thanked us for bringing him up to date on the issues. Printed material was provided to him, and we asked him to co-sponsor House Resolution 180 (H Res. 180 regarding the Patriarchate and the theological school at Halki. He will take that under consideration. The Cyprus issue regarding the demolition on May 2, 2011 of a 200-year old Greek Orthodox chapel, Saint Thekla, in the village of Vokolida (in Turkish-controlled Cyprus) was discussed. The members who met with Congressman Schrader were Alex Christy, Bill Aspros and Dr. George Anadiotis.

On June 28, 2011, members of the Council had lunch with Congresswoman Jaime Herrera Beutler. Attending were Alex Christy, Dr. George Anadiotis E. John Rumpakis and John Somarakis. We asked Congresswoman Beutler to support and co-sponsor H. Res. 180 and brought her up to date on the

Patriarchate and the Cyprus situation, as we did with Congressman Schrader, She said she will remain watchful and hopes to co-sponsor H. Res. 180.

The American Hellenic Institute in cooperation with the Justice and Human Rights Council of Portland,

Ahepa Portland, Chapter 154 & Hellenic-American Cultural Center & Museum (HACCM) invites you to a viewing of the documentary

"Cyprus Still Divided: a U.S. Foreign Policy Failure" on

Monday, September 12, 2011 Holy Trinity Greek Orthodox Cathedral

6:45 pm - Viewing of "Cyprus Still Divided: a U.S. Foreign Policy Failure:"

8:00 pm - Speaker - Nick Larigakis, President, American Hellenic Institute

8:45 - Reception

This Event is Free

2011 Sixth Annual Essay Contest

The St. Photios Foundation announces the 2011 Sixth Annual Essay Contest. This year's contest is sponsored by Archon Constantine M. and Constance Rizopoulos of Flagler Beach, FL in memory of their beloved grandson, Michael Anthony Rizopoulos (July 1, 1983-November 6, 2010). Michael was born and raised in New York. Michael was a child of God whose family included his dear parents Michael and Shirley, as well as his beloved brother and sister - Anthony and Dena. He loved to spend time with his family. He was known for his love of the outdoors. He spent countless hours fishing and being on the water. He was a

carpenter and hunter, a loyal friend of so many. May his memory be eternal, may God give rest to his soul.

Eligibility: Open to high school students

Entry Fee: Free

Type: 1,000 word Essay

Deadline: November 4, 2011

Essay Theme: Most Americans appreciate an immigrant story - perhaps that is because so many have a parent or grandparent who immigrated to America. The immigrant's story is held as a precious thread of the family legacy. The story is very unique to the immigrant; however, the reason why the person left their mother land for a foreign land is similar through the ages. Your essay should compare and contrast the immigration story of the Greeks who came to America in 1768 and a person you know - either a family member or friend. Share what impressed you about the stories you learned.

Please note that all essays will be independently judged and ranked. Certificates of participation will be sent to all participants and the top three ranked essayists will receive APPLE products:

| | |
|--------------|-----------|
| First Prize | IPAD2 |
| Second Prize | IPOD |
| Third Prize | IPOD Nano |

Please note that all essays become property of St Photios Greek Orthodox National Shrine. All writers are asked to submit their essay with a SEPARATE cover page listing the author's name, address, phone number and email address.

Also, it is recommended that a one paragraph autobiographical statement and photo be submitted for possible publication.

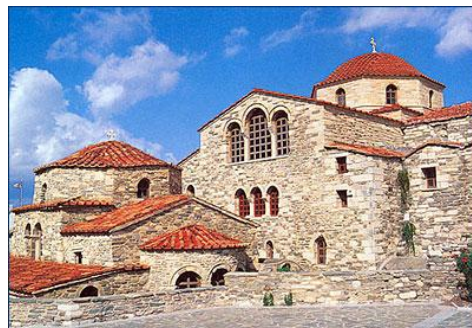
Remember ~ the deadline is November 4, 2011.

Musical and Familial Ties bring Denver Singers to Oregon.

The Assumption Cathedral choir of Denver, Colorado will be visiting Portland in October, singing the Liturgy Sunday, October 16. The choir is celebrating 50 years under the direction of Dr. James Maniatis, father of our Presvytera Marika and of Presvytera Stacey Dorrance of St. John the Baptist Church of Beaverton. As many as 40 members of the choir will travel to Oregon to sing for the faithful of the two communities. A concert of Greek and English hymns, chants and songs reflecting repertory spanning Dr. Maniatis' tenure will be presented in two concerts: the evenings of Friday, October 14 at Holy Trinity and Saturday, October 15 at St. John the Baptist. Plan now to attend one of the evenings and to show a warm Holy Trinity welcome after Liturgy to the singers and Presv. Marika's parents and our very special musical guests.

Cappella Romana on Tour in Greece

Cappella Romana opens its 20th Anniversary year with a tour to Greece August 29-September 8: at the Festival of Sacred Music of Patmos (Φεστιβάλ Θρησκευτικής Μουσικής Πάτμου) and at the 6th-Century Church of the Panayia of a Hundred Doors on Paros (Ναό Παναγίας της Εκατονταπυλιανής Πάρου). Dr. Alexander Lingas will conduct 10 singers in a program of Medieval Byzantine chant and Greek American choral works in the opening concert of the Patmos Festival. On Paros, the ensemble



will give two concerts and will make a recording in the Ekatontapiliani Church. Wish them well and keep them in your prayers. Visit facebook or cappellaromana.org for their online travelogue.

Performing on this tour are Spyridon Antonopoulos, John Michael Boyer, Daniel Buchanan, Kristen Buhler, LeaAnne DenBeste, Stephanie Kramer, David Krueger, Mark Powell, Catherine van der Salm, and David Stutz. Producer Steve Barnett and recording engineer Bill Levey will join Cappella on Paros for the recording sessions.

Youth Ministry Corner

Jr. GOYA Night

(6th-8th grades)

Saturday, September 10,

6:30 PM

at the Triantafillou home.

Bring a suit/towel, your appetite and Bible

Sr. GOYA Night

(9th-12th grades)

Saturday, September 17,

6:30 PM at the Gadinias home

Acolyte/Altar Boy Orientation

Saturday,

September 24,

3:00 - 7:00 PM

at Holy Trinity

Fr. Dimos will have an Altar Boy orientation with all the acolytes. This is a mandatory meeting for all altar boys, both veterans and rookies. (10 years and older) Dinner will be offered for the boys after Vespers. Questions, please contact Fr. Dimos.

HOLY TRINITY GREEK ORTHODOX CATHEDRAL
3131 N.E. Glisan Street
Portland, OR 97232

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Feast Days

September 1 ~ First Day of the Church Year

8:30 AM ~ Orthros

9:30 AM ~ Divine Liturgy

September 8 ~ Nativity of the Theotokos

8:30 AM ~ Orthros

9:30 AM ~ Divine Liturgy

September 14 ~ Holy Cross

8:30 AM ~ Orthros

9:30 AM ~ Divine Liturgy

Youth Corner

Sunday, September 11

First Day of Sunday School

Saturday, September 10

6:30 PM – Jr. GOYA Fellowship

Saturday, September 17

6:30 PM – Sr. GOYA Fellowship

Saturday, September 24

Altar Boy Retreat

3:00- 7:00 PM

Camp Agape...."A Hug Waiting to Happen"

Camp Agape 2011 took place under picture perfect blue skies, with an air of anticipation. What fun activity is planned next? Who can I meet today? What great meal is next? When can I fish? Who wants to play volleyball?

When the week begins, we notice trepidation on the part of the families. What did we get ourselves into? Who are these people? What's this place about?



By weeks' end, voices are raised in the retort, "We don't want to leave!" "Is camp over already?" "Can I come back next year?"

That's because they have experienced our Agape LOVE. We see them arrive with sadness, sleep deprivation, worry and a sense of aloneness. Every one of them needs a hug.... of reassurance; of friendship; of strength; of belief that they will survive this life-altering family challenge of cancer.

Our Camp Agape volunteers are all too happy to oblige with hugs. Everywhere you look, someone is giving a hug...to a tearful parent, an adorable, love-bug kid; a tough guy playing hard-to-get; or someone who really wanted that red popsicle. What we remember is: every time we

embrace them, they feel lighter, stronger, relieved and uplifted. In the hugging, we feel blessed as well.

Camp Agape is often referred to as a "magical" place. That may be. I think it's that we offer people a chance to feel what they feel. Feel what's in their hearts. Release the anger, sadness and worry that they've been carrying. They get back in touch with a time that was relaxed; more joyful; and less about a life and death struggle.

Parents rest in the grass, read their book, push their kids on the swings and dance with their wheelchair bound daughter. Campers race to sit, and get soaked in the "wet-boat" as they ride the Willamette River jet boats.

Everyone finds new avenues for expression through the arts and crafts projects. And EAT.....they love the endless opportunity to eat well, be served and just show up for the chow.

Of the families Camp Agape 2011 served, fourteen were new to our Kids 'N Cancer ministry. It's a sad reminder that cancer continues to be found in children each year. The good news is: Camp Agape awaits them with hugs.



Deepest thanks to all our great volunteers.....

Stacey Gianopoulos
Philoptochos President



Sunday, July 10, 2011

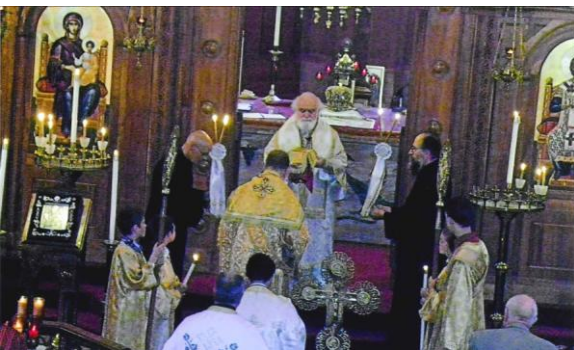


Early this July the Orthodox faithful of Portland were blessed by a visit from the miracle-working and myrrh-streaming Iveron Hawaiian Icon of the Mother of God. The faithful were able to venerate the icon at a number of different services held at churches in our area. Holy Trinity had the honor or having the icon at church on Sunday, July 10.



Myrrh-streaming icons have been a phenomena in the Orthodox world for centuries. To read more about the history of this icon visit:

www.orthodoxhawaii.org/icons.htm



On Sunday July 10 we also had the privilege to welcome His Eminence Metropolitan Alexios, Metropolitan of Atlanta. He was visiting for the 40-day Memorial of Demetra (Toula) Roll.

*Reprinted in part from **The Message**, the newsletter of St. George Antiochian Orthodox Christian Church*

Sunday, July 24, 2011 The Limnes Picnic at

Camp Angelos on the Sandy River



On July 24th, the ladies and gentlemen of the Limnes Portland Association put on another wonderful picnic this



year. Roasted lamb, souvlakia, parates, salata and an abundance of homemade desserts and fresh fruit were on the menu.



All who attended the 13th annual picnic enjoyed delicious food, beautiful weather and the wonderful company of family and friends. A big thank you to all whose hard work helped to make

this a successful event and thank you to the Holy Trinity community for your support!



All photos by Peter Corvallis