The Voice of Holy Trinity



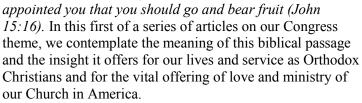
July-August 2012 "... Since the kingdom of God is not just words, it is power." 1 CORINTHIANS 4:20 HOLY TRINITY GREEK ORTHODOX CATHEDRAL + PORTLAND + OREGON

Chosen and appointed by God to go and bear fruit

41st Biennial Clergy-Laity Congress July 1-5 – Phoenix, AZ Theme: "Chosen and appointed by God to go and bear fruit"

Beloved Brothers and Sisters in Christ,

As we begin this new year and our preparations for the upcoming 41st Clergy-Laity Congress of our Holy Archdiocese, I offer an initial reflection on our theme for this blessed gathering: "Chosen and appointed by God to go and bear fruit." This theme is based on the words of our Lord to His disciples in John 15:16, as He taught them the meaning of the relationships they shared and assured them of the great work that God would accomplish through their faithful service. Jesus said, *You did not choose Me, but I chose you and*



These words of our Lord begin with the affirmation of how God shows us His love. We are chosen by Him because in love He has created us, forgiven us, and redeemed us. We are chosen for a special and eternal relationship with Him in which our fellowship is restored, our life transformed and renewed, and we are given the power to live in holiness.

We have been chosen and appointed by God to offer a witness of Him through our worship and service, through our lives and before all people so that *the name of our Lord Jesus Christ may be glorified in us, and us in Him as St. Paul said* (I Thessalonians 1:11-12). In addition, as God has chosen and appointed us, He gives us all that we need to do this great work. He equips us with the grace, the power, the ability, the wisdom, and the resources to develop effective means for reaching others with the Gospel of healing truth and peace.

Our appointment by God also includes His divine command to go and bear fruit. In another instance Christ directed His disciples and us to *Go and make disciples of all nations* (Matthew 28:19). So we have a mission *to go to all, especially to go to the lost and preach, saying, "The kingdom of heaven is at hand"* (Matthew 10:6-7); we have a mission to go and gather the people to God's Home so that His house may be filled (Luke 14:23). As His people, whom He has chosen and appointed, we have both a mission and a message to share with the world. In His love for us and for all humanity, He commands us to "Go!"

When we hear God's voice and calling, when we respond to His will, the result will be great and abundant fruit, both in our lives and the lives of others. We must recognize the magnitude of being chosen and appointed by God to go into the world and share the Gospel. We experience the fruit of fellowship and communion with Him when we become His people and call others out of darkness into His marvelous light. We see the fruit that comes through faith when we affirm our appointment as witnesses of grace and truth, and Christ is glorified in us and in the lives of others as they come to Him. We see the fruit of the Gospel and the presence of Christ, when we go and share the love of God through worship, teaching and preaching, and special missions and ministries that bring healing, peace, and hope to people throughout this country and around the world. God has chosen and appointed us to go, and when we do, we will bear the fruit of joy and love in our lives and the lives of so many others.

As we begin our preparations for our 41st Clergy-Laity Congress, let us reflect on its theme "Chosen and appointed by God to go and bear fruit". Let us reflect on its implications for every aspect of the life of our Church in America. Let us evaluate our work and efforts, seeking God's guidance, and reflecting on how our witness and ministry shows that we are chosen and appointed by God, that we have a calling and a purpose in what we do, and that we are consistently responding to His command to *go and bear fruit*. We will know that we are fulfilling our mission when the fruit we bear brings healing and joy to the people and glory to God.

With paternal love in Christ,

†DEMETRIOS Archbishop of America Holy Trinity Greek Orthodox Cathedral 3131 NE Glisan St., Portland, OR 97232 503-234-0468 www.goholytrinity.org

Dynamis is the monthly newsletter of the Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. Articles for the next month's issue of Dynamis are due in the church office on the 11th of the current month. Deadlines will be strictly adhered to.

Dynamis Editorial Guidelines How to contribute: Email to: Gail@goholytrinity.org or on a CD with a hard copy to the church office. If you do not use a computer, please fax submissions to 503-236-8379 or bring a typed copy to the church office.

We reserve the right to edit or decline a submission. All inserts must be approved by the church office and the postal service.

Announcements policy: Unpaid announcements for church-related events are limited to a half page. Non-church-related community event announcements are limited to a quarter page.

Advertising rates:

Full advertising section – half of back page ...\$400 Half advertising section – ½ of back cover......\$225 Quarter advertising section – 1/8 of last page..\$125

Festival 2012 Baking Schedule

July 16th - SOUVLAKIA @ 9AM

July 25th - KEFTETHES @ 9AM

July 30TH - SOUVLAKIA @ 9AM

August 10th and 11th -KATAIFI @ 9AM (Fri, & Sat.)

August 20th and 21st - KOULOURIA @ 9 AM

August 27TH and 28th - KOURAMBIETHES @ 9AM

September 3rd, 4th and 5th-BAKLAVA @ 9 AM

September 10th and 11th PASTA FLORA @ 9 AM

September 23rd – 26th -PACKAGING (after Liturgy)

September 29th - DIPLES @ 8AM

September 30th - COMBO PACKAGING (after Liturgy)

October 4TH - PASTITSIO @ 8AM

October 5th, 6th and 7th - GREEK FESTIVAL 2012

Dates are subject to change. Please call the Church office to confirm. All baking projects except Pastitsio are at the Annex.

Our People

Funeral:

June 19, 2012: Mina Zoe Roussos, who fell asleep in the Lord on June 14 at the age of 85. Donations may be made to Camp Angelos or St. John the Baptist Greek Orthodox Church.

Congratulations to this year's graduates!

Ariana Avgerakis, daughter of Tom and Lori Avgerakis, graduates from Oregon State University with a degree in Merchandising Management.

Thomas Belesiu, son of Jim and Ellen Belesiu, graduates with honors from Santa Clara University School of Business with a degree in Accounting. He plans to go to Law School.

Sophia Courogen, daughter of Peter and Claudette Courogen, graduates from Lincoln High School. She will attend the University of Oregon and plans to continue her interests of acrobatics and tumbling. She may major in Biochemistry and Molecular Biology with a focus on Genetics.

Peter Davis, son of Chris and Ann Davis, Graduates from Jesuit High School. He will enter Willamette University in Salem in the fall playing baseball and taking general studies.

Nicolette Maria Diamond, daughter of Michael and ZoeAnn Dimond, graduates from Beaverton High School. She will start at Western Oregon University to work towards her Masters degree in Teaching.

Reed Erlandson, son of David Erlandson and Katina Joannides, graduates from Southridge High School in Beaverton. He will be going to the University of Texas in Austin studying Advertising and Filmmaking.

Perry Gadinas, son of Peter and +Rhonda Gadinas, graduates from Tualatin High School and will be attending Oregon State University in the Fall.

George John Pappas, son of John and Cathy Pappas, graduates from Barlow High School and plans to attend Oregon State University in the Fall.

Madeline M. Rouches, daughter of Mike and Christine Rouches, graduates from Glencoe High School and plans to attend P.C.C. in the fall with an eye toward a 4-year University and she will continue to study cheer and dance.

Arianna Rulli, daughter of Nick and Christine Rulli, graduates from the University of Arizona with a degree in Family & Consumer Science with an emphasis on Pre-Nursing. She plans to attend Nursing School in the fall.



Honoring the Future by Preserving Our Past The Community History Project. Be part of it.

This project, an initiative of the Hellenic-American Cultural Center & Museum, seeks to capture the personal histories of the individuals inside our community. While artifacts, heirloom objects, and other physical pieces are important in preserving history, it is not enough – the facts, stories, and voices of its people are essential too.

We want our descendants to know who we were, what we did, and what was



important to us. Our aim is to document the members of our community so that each of us has a record – and a place in history. Why? Because everyone matters. Everyone is important. Everyone has something to say.

Each person is invited to contribute whatever they wish; whether it be a few lines or long stories and memories – it is all welcome. Your sharing of information is a gift for future generations. In this way, we are "honoring the future by preserving our past."



The first phase of this project is a questionnaire documenting basic demographic data about you or your family. Questionnaires can be picked up at the Cultural Center & Museum, or downloaded from HACCM's website. We are also soliciting photographs and making audio files.

We look forward to your participation and we are open to your feedback and ideas. Please contact us! For more information, please call



HACCM at 503-858-8567 and email haccmpdx@gmail.com, or contact Dimitra Giannakoulias at 503-922-0611 and dgiannakoulias@gmail.com.

HACCM Presents.....A Summer Film Festival

Greek films are finding their way back to our community. The Hellenic-American Cultural Center & Museum invites you to come and see some award-winning films from the '60s and 80's. And if you are a Mikos Theodorakis fan, you're in for a treat since two of our films feature his music.

We'll be showing three films, one of which is entirely in Greek, with no English subtitles. The films will be shown on Saturday evenings, -- July 14, August 11, and September 8. Here's our exciting list:

* Synoikia to Oneiro (1961) -- Film entirely in Greek (no English subtitles)

A Greek neorealist masterpiece that was banned by censorship! Shot on location in what was then Athens's poorest area. We meet several interested characters as they try to scrape a living in the abject poverty of post-war Greece.

- * **Z** (1969) -- The Academy Award winning film (including Best Foreign Film) hailed as one of the greatest political thrillers ever made with a top international cast. The assassination of a Greek doctor leads to an abortive public scandal.
- * Eleni (1985) -- This film is an adaptation of the memoir *Eleni* by Greek-American journalist Nicholas Gage. Told in flashback format with Gage who returns to his native Greece to solve the mystery of his mother's death when he was a child. It's a look back to the effect of the 1940s Greek Civil War on this remote Greek village.

So mark your calendars for July 14, August 11 and September 8 -- come and enjoy some of what HACCM has to offer in the film arena. Admission is free. Light snacks will be served.

Holy Trinity Cathedral Parish Council Meeting Minutes May 14, 2012

Present: Mike Rouches, John Lampros, Catherine Ossey, Eleni Marschman, Sophia Stamatis, John Spathas, Irini Souris, Demitri Touhouliotis, Christina Geist, Father Jordan, Father Dimo, Father Deacon David, Jim Aspros

Excused Absence: Jace Thompson, Mike Karussos

Opening Prayer: Father Dimo opened the meeting with a prayer.

Guest: Ted Pappas

Approval of Minutes: Minutes Approved. Thanks everyone for your updates and changes.

Priests Report: Father Dimo said Sunday school graduation is June 10th. He mentioned that some of the children will be asked to express what the Sunday school experience meant to them at the graduation celebration. There will be a bbq cook out for all who attend the event.

June 12th will be the last class for Greek School Lori Avgerakis will be leaving the Sunday school program. Father Dimo also mentioned that we need to look for a director of the Greek School program as well as the Sunday school program.

Sunday May 20th is the Parish General Assembly. Presidents Report: Mike opened up discussion on our 2012 priorities.

Mike asked if we would consider a junior parish council (youth council) group. This would allow higher level teens to be involved and begin fostering leadership with children at this age. This would also help with our succession planning for the future. Mike mentioned that he would take on this task, with help of George Demas. Christina G. mentioned George Demas is considering the idea to create a youth council. Mike's idea could dovetail in George's work.

Faith First is the theme that the PC has embraced in guiding our actions as parish leaders. The Parish Councils endorsement of Father Jordan's vision for our church is contained in the following three goals

First is A SPIRITUALLY UNITED AND EUCHRISITC PARISH. Mike mentioned he sees progress made in this area. We need to continue to connect with the parishioners via the Home Meeting and other outreach programs.

The second major goal is YOUTH UNDERSTANIDNG THEIR IDENTITY AS ORTHODOX CHRISTIANS. Father Dimo is well on his way in support of this goal with the wonderful article he wrote in the last Dynamis outlining his vision to support the goal. The addition of George Demas will greatly improve the momentum of this ministry.

The third major goal is DECREASISNG RELIANCE ON FESTIVAL TO FUND CHURCH OPERATING EXPENSES.

Christina G and Sophia S will be working on updating the church website. Jim A will share the contact info of the person who Maria Corvallis suggested we contact.

Mike also mentioned that we are still in need to finding a person who will take on Stewardship. This would be a replacement for Don Ossey. Don has given many years to the stewardship program, and now wants to hand over the responsibility to a new person.

Mike spoke about the fall leadership summit. This would be a meeting with the key people of community groups. The idea is to keep communication open between the parish council and key groups of our community.

John Lampros mentioned the importance of all parishioners to know and understand the three big goals for 2012. He spoke about ways to get the message across to all via many channels He suggested a letter from Father Jordan in the monthly Dynamis to formalize his message to all parishioners. Using the monthly Dynamis as a vehicle to communicate the progress being made with three goals. Placing the three goals in the weekly bulletin permanently. A small piece in Father's sermons that provides parishioners continuous focus on the goals.

At this time, Father's office will remain where it is located. Treasurer's Report: No report as Jace was unable to attend the meeting. Jace shared up to date financial reports to the Parish Council on May 14, 2012.

Maintenance Report: Eleni mentioned that during a kitchen inspection, the hoods over the stove are not up to code. She is working on a resolution.

The door to the small hall is being fixed.

The concrete contractor will pour the concrete for the ramp.

The annex door/alarm system will be the changed to be the same as the rest of the church. The doors will be replaced and card keys will be issued. Festival will pick up a portion of the expense, and the maintenance budget will cover the rest. Personnel: No report as Mike K was unable to attend the meeting.

Other Business:

Everyone was invited to share anything for the "Good of the Order"

Liaison Reports:

Festival Report – Jim A to attend 5-29 meeting. Stewardship – John L Report shared with PC.

AHEC – Mike R Spring Fling date to be shared.

Philoptochos – Sophia S attended monthly meeting.

Greek School - Fr Dimo. Updates provided.

Choir - Fr Jordan Updates provided. More people needed.

Youth and Family – Fr Jordan. See above updates

Sunday school - Fr Jordan. See above updates

Philoxenia Table – Sophia S/Christina G

Closing Prayer/Adjournment:

Closing Prayer offered by Father Jordan

Follow Up Items

Action	Person Responsible	Due Date
Contact Energy Trust of Orego:	n Jim A	ASAP
Contact Web Designer	Sophia S/Christin	a G ASAP
Parish Assembly Sign in	Jim A/Irini S	5-20-12
George L guest @ 6-12 PC Mtg	Mike R	ASAP
Key and Key Card Project	Mike K/Gail	ASAP
Church Picnic	All PC members	8-18-12
Executive Meeting	Executive Board	7-4-12
General PC Meeting	PC Members	7-11-12
Plato Award	AHEPA	7-14-12

Meeting began at 7:20pm and concluded at 9:45pm Minutes compiled by Jim Aspros

YOU ARE INVITED TO THE LIMNES/ PORTLAND ASSOCIATION'S 14th ANNUAL PICNIC/LAMB ROAST

The ladies and gentlemen from the Limnes/Portland Association invite you and your family to join us at the barbeque pits at Camp Angelos on

SUNDAY, JULY 22, 2012

Souvlakia served at noon, and a feast of roast lamb and all the trimmings served at approximately 3:00 pm, soft drinks provided.

Be sure to join the fun with raffle prizes for kids and adults.

Tickets will be available after church each Sunday beginning June 24 until picnic day or call Christina Meletis (503-640-9306) or Stan Tsoumas (503-287-2196)

Ticket prices are \$20/adults, \$6/children 6-12, free for children under 5

June 22, 2012

Dear Friends of Agia Sophia Academy, I would like to dedicate this newsletter article to our volunteers, friends, and families who founded ASA and have enabled us to reach our ninth year this coming fall. Reflecting on where ASA is today, how far we have come, and where we hope to go in the next few years, I feel so grateful for all those things we have accomplished since 2004. The last four years at our west-side location have brought more stability, exponential increases in classes and students, and school improvements that led to full accreditation.

In some ways, we are already functioning at the level of a larger, more mature school; for instance, our recognized school improvement, staff development offerings, office communication, community outreach, development and grant writing efforts, and arts and language programs. Additionally, we have grown in our ability to connect personally with each child, create lasting relationships, reflect on and refine school-wide methods, secure resources, and provide opportunities to our students beyond the normal curriculum.

When things are functioning well at a fairly high level, complacency sets in almost automatically. It is easy for every one of us to fall into this, myself included! The reality, however, is that maintaining our school as it is today and working towards our very promising future involves a huge amount of manpower. As a ministry of the Pan-Orthodox Portland community, we look to all of you to continue to help us build ASA for the next generation.

If you volunteer at a school regularly, you may well be aware of the effort it takes to make a school run effectively and proactively, especially one with a small number of staff. However, we are approaching a time when more will be required, as more is needed in order for the school to grow. Demands will be placed on all of us as we take on new projects, continue with curriculum improvement, and ultimately plan and fundraise for a permanent home. In order to build upon what we have begun here, these efforts are essential. If we are not growing and improving, we are regressing, and this negatively impacts our children today and in the future.

For every wonderful aspect of ASA which we experience, a volunteer has made it happen. Our teachers and staff are constantly going above and beyond their job descriptions to assist in these efforts and there are friends and families who clock days' worth of volunteering to complete a project or participate in school improvement.



Looking to the future, I'm sure all of us could generate a wish-list of resources, activities, facilities, or programs for Portland's Orthodox school. There are many ways we hope to advance immediately and we have a solid vision for our school's long-term stability and on-campus resources. How will we get there? We will accomplish this just as we've accomplished everything to date; through the faith, prayers, participation, dedication, time, and talents of every single member of our church communities.

I invite you to ask yourself the following question: is this school God's will and should we keep improving on what we offer? If the answer is yes, then each of us is called by God to play a necessary role. I personally encourage you to consider time, talents, and resources to see how you can contribute to our school's future. And it is our school—parishioners, volunteers, friends, grandparents, parents, and teachers—we all must view this school as a ministry for the future of our communities. Just as a child takes delight in placing one block upon the other to create an entire masterpiece, so should we dedicate ourselves with joy to the building up of Agia Sophia Academy for future Orthodox generations.

With love in Christ, Elisha Lubliner, Principal

Holy Trinity Greek Orthodox Cathedral 3131 NE Glisan Street Portland, OR 97232 NON-PROFIT ORG U.S. POSTAGE PAID PERMIT NO. 64 PORTLAND, OREGON

Change Service Requested

Service Schedule for July & August

Tuesday, July 17: Feast of St. Marina the Great 8:00 am Orthros, 9:00 am Divine Liturgy Friday, July 20: Feast of Prophet Elias 8:00 am Orthros, 9:00 am Divine Liturgy Thursday, July 26: Feast of St. Paraskevi 8:00 am Orthros, 9:00 am Divine Liturgy Friday, July 27: Feast of St. Panteleimon 8:00 am – Orthros, 9:00 am Divine Liturgy Wednesday, August 1: 6:00 pm Paraclesis Thursday, August 2: 6:00 pm Paraclesis Friday, August 3: 6:00 pm Paraclesis Monday, August 6: Feast of the Transfiguration 8:00 am Orthros, 9:00 am Divine Liturgy Wednesday, August 8: 6:00 pm Paraclesis Friday, August 10: 6:00 pm Paraclesis Monday, August 13: 6:00 pm Paraclesis Tuesday, August 14: 6:00 pm Great Vespers Wednesday, August 15: The Dormition of the Theotokos 8:00 am Orthros, 9:00 am Divine Liturgy Wednesday, August 29: Beheading of St. John the Baptist 8:00 AM Orthros, 9:00 am Divine Liturgy



GLENDIGREEKFESTIVAL.COM 'Glendi' Greek Festival 2012

Friday, July 27 Noon – 9 PM Saturday, July 28 Noon – 7 PM Sunday, July 29 Noon – 7 PM

St. John the Baptist Greek Orthodox Church 14485 SW Walker Rd. Beaverton, Oregon

"The Scoop" for your Youth Group

Newsletter from the Dept of Youth Ministry

For more information contact Youth Director, George Demas @ 503-234-0486, ext 34

Chronia Polla!

Happy Name Day!

Marina Geist
(St. Marina, July 17)

Marina Kandas (St. Marina, July 17)\

Marina Kondilis (St. Marina, July 17)

Marina Thompson (St. Marina, July 17)

Eliana George (Prophet Elias, July 20)

Eliana Mason (Prophet Elias, July 20)

Iliana Geranios (Prophet Elias, July 20)

Eli Savage (Prophet Elias, July 20)

Marchella Panaranda (St. Markella, July 22)

Annie Jamison (St. Anna, July 25)

Anna Kosmas (St. Anna, July 25)

Remember the Dates!

(Detailed Information to Follow. Please check your physical mail, emails & Facebook. RSVP ASAP with George Demas for all events.)

<u>"GOYA Together"</u>: (6-12th grades) Vespers or a prayer service, dinner, hangout and/or a spiritual discussion/social service/social outreach. These events occur 1-2 times each month. Locations, Dates and times will be announced. Get your family involved!

<u>"Game Night: Last Chance Fridays"</u>: (All Ages Welcome) Every last Friday of each month from 6pm-Midnight: Soccer, Basketball, Volleyball, Dance, Video Games, Ping-Pong, Foosball, Board Games, Hang-Out & Snacks.

- July 12, 11:30AM, GOYA Together presents: "Senior Appreciation, Luncheon & Bingo": (All GOYANS, 6-12 grade). With our appreciation for the seniors and their devoted actions as stewards to our church we will prepare and serve the seniors lunch, have oral appreciations, as well as partner with them for Bingo and prizes.
- August 5-10, Orthodox Christian "Camp Angelos": Please fill
 out forms through church office. We will also be filming an
 Orthodox Christian documentary with the kids that week
 based around our youth theme, "Orthodox Identity."
- August 20-24 "Vacation Church School": Mark your calendars! Vacation Church School this year will be in August-a great way to end your summer!!! Same great format: 10:00 1pm, Monday Friday for all kids entering Kindergarten through 8th Grade. We can't wait to see you there. If you'd like to volunteer, please contact Dina Khoury @ dinagkhoury@hotmail.com.
- August 18 Jr. GOYA Fellowship: One more swim party and spiritual discussion before the year ends!
- August 25 Sr. GOYA Fellowship: Hike, eat and discussion at the beach! Times and exact location TBA, please check for emails.

Looking Ahead: Special Events

St Francis Dining Hall When the New Ecclesiastical year starts, Sept 1, we will try to volunteer once a month!

September 8 Parent workshop: (Parents of all ages). After a nice lunch, we will discuss parents' opinions on our Youth program and how to grow our community in Faith, culture, and service. Parents will find how they can fit in, help and use the gifts they have.

Quote of the Month (For our Orthodox Identity):

""This is the Faith of the Apostles! This is the Faith of the Fathers! This is the Faith of the Orthodox! This is the Faith which has established the Universe!"

-Sunday of Orthodoxy-(Prayer taken from the 7th Ecumenical Council Synodikon)

Getting to know the heart of our Youth



<u>Chronia Polla!</u> <u>Happy Name Day!</u>

Maria Apostolou (Panagia, August 15)

Mary Doherty (Panagia, August 15)

Patty Karafotias (Panagia, August 15)

Maria Kassapakis (Panagia, August 15)

Maria Sahuon (Panagia, August 15)

Alexander Paskill (St Alexander of Constantinople, August 30)

Alexandros Simotas (St Alexander of Constantinople, August 30)

Attention Parents or Youth! Please email George Demas, Youth Director, your email, Facebook name and contact information.



Alexa Harris

My name is Alexa Harris and I'm seventeen years old. My parents are Dirk Harris and Kathryn Damiani-Harris. My older brother is Ryan Harris and my younger sister is Lyndsey Harris. I'm going into my last year of high school as a senior at Rex Putnam HS. The people are nice and don't dwell on people's different appearances or personalities, they don't worry about things that don't concern them, which is good most of the time. I like to draw and write short stories, but art is definitely my favorite. I also participate in track during spring time. Since I was born I've been coming to this church. I was baptized here at Holy Trinity and have attended church sessions and Sunday school with my fellow Christian peers.

Over the course of the year, what have you learned is Orthodox Identity?

In my eyes, the Orthodox Church as a whole is important to me because of similar moral values that I share with this church and that our Church accepts anyone to the Orthodox Faith. Through Sunday School this year I was able to see the kindness in everyone's heart. I was able to gain more perspective and learn the importance of everyone's story, beliefs, and everyone's opinion.

"...if you really desire to be victorious in this unseen warfare and be rewarded with a crown, you must plant in your heart the following four dispositions and spiritual activities, as it were arming yourself with invisible weapons, the most trustworthy and unconquerable of all, namely: (A) never rely on yourself in anything (B) bear always in your heart a perfect and all-daring trust in God alone (C) strive without ceasing; and (D) remain constantly in prayer. "

-St Theophan the Recluse-

Seniors Ministry trip to St. John the Forerunner Monastery in Goldendale on May 3, 2012.





Entrance to the Bakery and Gift Shop





The room where icons are painted







